

































## Poughkeepsie, NY - Dec 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:54	3.1	7:10	3.2	1:01	0.0	1:29	0.4	7:03	4:26	
2	Fri	7:53	3.2	8:11	3.1	2:00	0.0	2:33	0.3	7:04	4:25	
3	Sat	8:52	3.3	9:11	3.0	2:53	-0.1	3:30	0.2	7:05	4:25	
4	Sun	9:46	3.4	10:05	3.0	3:42	-0.1	4:22	0.1	7:06	4:25	
5	Mon	10:32	3.5	10:53	3.0	4:27	-0.1	5:10	0.0	7:07	4:25	
6	Tue	11:13	3.6	11:36	3.0	5:11	-0.1	5:57	-0.1	7:08	4:25	
7	Wed	11:52	3.6			5:53	0.0	6:42	-0.1	7:09	4:25	
8	Thu	12:18	2.9	12:29	3.5	6:35	0.1	7:25	-0.1	7:10	4:25	
9	Fri	1:00	2.9	1:06	3.5	7:15	0.1	8:06	-0.1	7:11	4:25	
10	Sat	1:43	2.8	1:43	3.3	7:54	0.2	8:45	0.0	7:11	4:25	
11	Sun	2:29	2.7	2:22	3.2	8:30	0.3	9:23	0.1	7:12	4:25	
12	Mon	3:18	2.6	3:03	3.0	9:05	0.5	10:02	0.3	7:13	4:25	
13	Tue	4:08	2.5	3:47	2.9	9:41	0.6	10:43	0.4	7:14	4:25	
14	Wed	4:56	2.5	4:33	2.8	10:22	0.7	11:30	0.4	7:15	4:25	
15	Thu	5:40	2.5	5:18	2.7	11:17	0.8			7:15	4:26	
16	Fri	6:22	2.6	6:04	2.7	12:23	0.4	12:32	0.8	7:16	4:26	
17	Sat	7:05	2.7	6:55	2.6	1:16	0.4	1:42	0.7	7:17	4:26	
18	Sun	7:52	2.9	7:55	2.6	2:06	0.3	2:43	0.5	7:17	4:27	
19	Mon	8:45	3.1	9:00	2.7	2:55	0.2	3:38	0.2	7:18	4:27	
20	Tue	9:38	3.4	9:59	2.8	3:42	0.0	4:30	0.0	7:18	4:27	
21	Wed	10:28	3.6	10:52	2.9	4:31	-0.1	5:23	-0.3	7:19	4:28	
22	Thu	11:16	3.9	11:43	3.0	5:22	-0.3	6:16	-0.4	7:19	4:28	
23	Fri			12:05	4.0	6:15	-0.4	7:08	-0.6	7:20	4:29	
24	Sat	12:35	3.1	12:56	4.0	7:08	-0.4	7:59	-0.7	7:20	4:30	
25	Sun	1:30	3.1	1:51	3.9	8:01	-0.4	8:49	-0.7	7:21	4:30	
26	Mon	2:30	3.1	2:51	3.7	8:54	-0.4	9:39	-0.6	7:21	4:31	
27	Tue	3:33	3.0	3:52	3.6	9:49	-0.2	10:32	-0.5	7:21	4:31	
28	Wed	4:35	3.1	4:52	3.3	10:49	0.0	11:29	-0.3	7:22	4:32	
29	Thu	5:33	3.1	5:49	3.1	11:56	0.2			7:22	4:33	
30	Fri	6:28	3.1	6:44	2.9	12:29	-0.2	1:05	0.2	7:22	4:34	
31	Sat	7:23	3.1	7:41	2.8	1:27	-0.1	2:10	0.2	7:22	4:34	