





















Poughkeepsie, NY - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:29	2.8	11:05	3.1	4:40	0.7	5:04	0.4	5:52	7:53	
2	Tue	11:15	2.9	11:43	3.3	5:26	0.5	5:44	0.3	5:50	7:54	
3	Wed	11:55	3.0			6:11	0.3	6:22	0.2	5:49	7:55	
4	Thu	12:17	3.5	12:32	3.1	6:55	0.1	7:01	0.1	5:48	7:56	
5	Fri	12:49	3.7	1:09	3.1	7:40	0.0	7:41	0.1	5:47	7:57	
6	Sat	1:22	3.8	1:47	3.1	8:24	-0.1	8:21	0.1	5:45	7:58	
7	Sun	1:59	3.8	2:30	3.0	9:08	-0.2	9:03	0.1	5:44	7:59	
8	Mon	2:42	3.8	3:21	2.9	9:53	-0.2	9:46	0.2	5:43	8:01	
9	Tue	3:33	3.7	4:21	2.9	10:41	-0.1	10:34	0.3	5:42	8:02	
10	Wed	4:34	3.6	5:27	2.9	11:35	0.1	11:33	0.4	5:41	8:03	
11	Thu	5:40	3.5	6:31	2.9			12:38	0.2	5:40	8:04	
12	Fri	6:45	3.4	7:32	3.0	12:48	0.5	1:44	0.2	5:38	8:05	
13	Sat	7:48	3.3	8:33	3.2	2:06	0.5	2:47	0.1	5:37	8:06	
14	Sun	8:52	3.3	9:35	3.4	3:15	0.4	3:43	0.0	5:36	8:07	
15	Mon	9:56	3.3	10:34	3.6	4:16	0.2	4:35	-0.1	5:35	8:08	
16	Tue	10:55	3.3	11:25	3.8	5:11	0.1	5:23	-0.2	5:34	8:09	
17	Wed	11:46	3.3			6:03	-0.1	6:10	-0.2	5:33	8:10	
18	Thu	12:10	3.9	12:34	3.3	6:54	-0.1	6:56	-0.1	5:33	8:11	
19	Fri	12:52	3.9	1:20	3.3	7:42	-0.2	7:41	0.0	5:32	8:12	
20	Sat	1:32	3.9	2:06	3.2	8:28	-0.2	8:24	0.1	5:31	8:13	
21	Sun	2:13	3.7	2:53	3.0	9:12	-0.1	9:05	0.3	5:30	8:14	
22	Mon	2:54	3.6	3:43	2.9	9:55	0.0	9:44	0.5	5:29	8:15	
23	Tue	3:39	3.4	4:35	2.8	10:37	0.2	10:23	0.7	5:28	8:16	
24	Wed	4:27	3.2	5:28	2.7	11:21	0.4	11:04	0.8	5:28	8:16	
25	Thu	5:19	3.1	6:19	2.7			12:09	0.5	5:27	8:17	
26	Fri	6:09	2.9	7:06	2.7			1:02	0.6	5:26	8:18	
27	Sat	6:56	2.8	7:52	2.8	1:00	1.1	1:56	0.7	5:26	8:19	
28	Sun	7:42	2.8	8:39	2.9	2:08	1.1	2:46	0.6	5:25	8:20	
29	Mon	8:32	2.7	9:27	3.0	3:08	1.0	3:32	0.6	5:25	8:21	
30	Tue	9:28	2.7	10:14	3.2	4:02	0.8	4:15	0.5	5:24	8:22	
31	Wed	10:24	2.8	10:57	3.4	4:51	0.6	4:56	0.4	5:24	8:22	