
































Poughkeepsie, NY - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:13	2.9	11:36	3.7	5:39	0.4	5:38	0.3	5:23	8:23	
2	Fri	11:59	3.0			6:27	0.2	6:22	0.2	5:23	8:24	
3	Sat	12:15	3.9	12:42	3.0	7:15	0.0	7:09	0.2	5:22	8:25	
4	Sun	12:56	4.0	1:28	3.1	8:05	-0.2	7:58	0.1	5:22	8:25	
5	Mon	1:41	4.0	2:18	3.1	8:53	-0.2	8:48	0.1	5:21	8:26	
6	Tue	2:31	4.0	3:15	3.1	9:41	-0.3	9:38	0.1	5:21	8:27	
7	Wed	3:28	3.9	4:18	3.1	10:30	-0.2	10:31	0.2	5:21	8:27	
8	Thu	4:31	3.8	5:22	3.1	11:23	-0.1	11:31	0.3	5:21	8:28	
9	Fri	5:35	3.6	6:22	3.2			12:20	-0.1	5:21	8:28	
10	Sat	6:34	3.5	7:19	3.3	12:40	0.4	1:20	0.0	5:20	8:29	
11	Sun	7:31	3.4	8:14	3.4	1:51	0.5	2:19	0.0	5:20	8:30	
12	Mon	8:29	3.2	9:11	3.5	2:57	0.4	3:14	0.0	5:20	8:30	
13	Tue	9:30	3.1	10:08	3.6	3:58	0.3	4:06	0.0	5:20	8:31	
14	Wed	10:30	3.1	11:00	3.7	4:53	0.2	4:55	0.1	5:20	8:31	
15	Thu	11:25	3.0	11:47	3.8	5:45	0.1	5:42	0.1	5:20	8:31	
16	Fri			12:14	3.0	6:34	0.1	6:29	0.2	5:20	8:32	
17	Sat	12:29	3.8	1:00	3.0	7:23	0.0	7:14	0.3	5:20	8:32	
18	Sun	1:10	3.7	1:46	3.0	8:09	0.0	7:59	0.4	5:20	8:33	
19	Mon	1:50	3.7	2:32	2.9	8:52	0.1	8:42	0.5	5:20	8:33	
20	Tue	2:31	3.5	3:19	2.9	9:33	0.1	9:22	0.6	5:21	8:33	
21	Wed	3:13	3.4	4:08	2.8	10:12	0.2	10:00	0.7	5:21	8:33	
22	Thu	3:57	3.3	4:58	2.8	10:50	0.3	10:39	0.8	5:21	8:33	
23	Fri	4:43	3.1	5:45	2.8	11:30	0.4	11:21	0.9	5:21	8:34	
24	Sat	5:27	3.0	6:28	2.9			12:11	0.5	5:22	8:34	
25	Sun	6:09	2.9	7:08	2.9	12:12	1.0	12:56	0.6	5:22	8:34	
26	Mon	6:49	2.8	7:47	3.0	1:16	1.0	1:44	0.6	5:22	8:34	
27	Tue	7:33	2.7	8:28	3.1	2:21	1.0	2:33	0.6	5:23	8:34	
28	Wed	8:25	2.7	9:16	3.3	3:21	0.8	3:21	0.6	5:23	8:34	
29	Thu	9:28	2.7	10:08	3.5	4:16	0.6	4:10	0.5	5:24	8:34	
30	Fri	10:32	2.8	11:00	3.7	5:09	0.4	5:00	0.4	5:24	8:34	