

































Poughkeepsie, NY - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:21	2.6	4:14	2.7	10:05	0.5	10:51	0.2	7:22	4:35	
2	Tue	5:06	2.6	4:57	2.6	10:52	0.6	11:33	0.3	7:22	4:36	
3	Wed	5:48	2.6	5:39	2.5	11:51	0.7			7:22	4:37	
4	Thu	6:29	2.6	6:22	2.4	12:21	0.4	12:59	0.7	7:22	4:38	
5	Fri	7:12	2.7	7:12	2.3	1:13	0.4	2:03	0.6	7:22	4:39	
6	Sat	8:00	2.8	8:14	2.3	2:05	0.4	3:00	0.5	7:22	4:40	
7	Sun	8:55	2.9	9:21	2.3	2:56	0.3	3:53	0.3	7:22	4:41	
8	Mon	9:48	3.2	10:17	2.4	3:46	0.2	4:43	0.0	7:22	4:42	
9	Tue	10:37	3.4	11:06	2.6	4:36	0.1	5:34	-0.2	7:22	4:43	
10	Wed	11:23	3.6	11:52	2.8	5:27	-0.1	6:23	-0.4	7:22	4:44	
11	Thu			12:10	3.7	6:19	-0.3	7:12	-0.6	7:21	4:45	
12	Fri	12:40	2.9	12:58	3.8	7:11	-0.4	7:59	-0.7	7:21	4:46	
13	Sat	1:30	3.0	1:49	3.8	8:01	-0.5	8:44	-0.7	7:21	4:47	
14	Sun	2:24	3.1	2:43	3.6	8:51	-0.5	9:29	-0.7	7:20	4:48	
15	Mon	3:21	3.1	3:40	3.5	9:43	-0.3	10:17	-0.6	7:20	4:49	
16	Tue	4:18	3.2	4:37	3.2	10:40	-0.2	11:09	-0.4	7:19	4:50	
17	Wed	5:15	3.2	5:33	3.0	11:46	0.0			7:19	4:52	
18	Thu	6:09	3.2	6:29	2.8	12:07	-0.3	12:55	0.1	7:18	4:53	
19	Fri	7:05	3.1	7:29	2.6	1:08	-0.1	2:03	0.1	7:18	4:54	
20	Sat	8:06	3.1	8:36	2.5	2:08	0.0	3:05	0.1	7:17	4:55	
21	Sun	9:09	3.1	9:41	2.5	3:05	0.0	4:02	0.0	7:17	4:56	
22	Mon	10:07	3.1	10:37	2.6	3:59	0.0	4:54	-0.1	7:16	4:58	
23	Tue	10:57	3.2	11:26	2.7	4:50	0.0	5:43	-0.2	7:15	4:59	
24	Wed	11:42	3.2			5:39	0.0	6:29	-0.2	7:14	5:00	
25	Thu	12:10	2.7	12:23	3.3	6:25	0.0	7:12	-0.3	7:14	5:01	
26	Fri	12:52	2.8	1:02	3.2	7:08	0.0	7:51	-0.3	7:13	5:02	
27	Sat	1:33	2.8	1:40	3.1	7:48	0.0	8:27	-0.2	7:12	5:04	
28	Sun	2:14	2.8	2:17	3.0	8:26	0.0	9:01	-0.2	7:11	5:05	
29	Mon	2:55	2.7	2:53	2.9	9:01	0.1	9:32	-0.1	7:10	5:06	
30	Tue	3:35	2.7	3:28	2.7	9:36	0.2	10:00	0.1	7:09	5:08	
31	Wed	4:14	2.7	4:04	2.6	10:11	0.4	10:27	0.2	7:08	5:09	