

































Poughkeepsie, NY - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:15	3.0	9:51	3.7	3:50	0.3	3:52	0.1	5:25	8:34	
2	Tue	10:20	3.0	10:50	3.8	4:48	0.2	4:46	0.1	5:25	8:33	
3	Wed	11:21	3.0	11:42	3.8	5:43	0.1	5:38	0.2	5:26	8:33	
4	Thu			12:15	3.1	6:36	0.0	6:30	0.2	5:27	8:33	
5	Fri	12:31	3.9	1:05	3.1	7:27	0.0	7:21	0.2	5:27	8:33	
6	Sat	1:17	3.8	1:54	3.1	8:15	-0.1	8:10	0.3	5:28	8:32	
7	Sun	2:02	3.7	2:43	3.1	9:00	0.0	8:55	0.4	5:29	8:32	
8	Mon	2:47	3.6	3:32	3.1	9:42	0.0	9:38	0.5	5:29	8:32	
9	Tue	3:33	3.5	4:21	3.0	10:21	0.1	10:19	0.6	5:30	8:31	
10	Wed	4:19	3.3	5:09	3.0	11:00	0.3	11:01	0.7	5:31	8:31	
11	Thu	5:05	3.1	5:54	3.0	11:38	0.4	11:48	0.9	5:31	8:30	
12	Fri	5:49	3.0	6:36	3.1			12:18	0.5	5:32	8:30	
13	Sat	6:31	2.8	7:16	3.1	12:43	1.0	1:01	0.7	5:33	8:29	
14	Sun	7:12	2.7	7:57	3.1	1:45	1.0	1:49	0.7	5:34	8:29	
15	Mon	7:58	2.6	8:41	3.2	2:46	1.0	2:39	0.8	5:35	8:28	
16	Tue	8:53	2.5	9:32	3.3	3:42	0.9	3:31	0.8	5:35	8:27	
17	Wed	9:59	2.5	10:25	3.4	4:34	0.7	4:21	0.7	5:36	8:27	
18	Thu	10:59	2.6	11:15	3.6	5:24	0.5	5:12	0.6	5:37	8:26	
19	Fri	11:49	2.8			6:14	0.3	6:02	0.5	5:38	8:25	
20	Sat	12:01	3.8	12:35	2.9	7:03	0.1	6:54	0.3	5:39	8:25	
21	Sun	12:46	3.9	1:21	3.1	7:51	-0.1	7:47	0.2	5:40	8:24	
22	Mon	1:33	4.0	2:08	3.2	8:37	-0.2	8:38	0.1	5:41	8:23	
23	Tue	2:21	4.0	2:59	3.4	9:21	-0.3	9:28	0.0	5:42	8:22	
24	Wed	3:13	4.0	3:53	3.5	10:05	-0.3	10:18	0.1	5:43	8:21	
25	Thu	4:08	3.8	4:50	3.6	10:49	-0.3	11:12	0.2	5:43	8:20	
26	Fri	5:05	3.6	5:45	3.7	11:37	-0.2			5:44	8:19	
27	Sat	6:02	3.4	6:39	3.7	12:14	0.3	12:31	0.0	5:45	8:18	
28	Sun	6:58	3.2	7:33	3.7	1:22	0.4	1:30	0.2	5:46	8:17	
29	Mon	7:55	3.1	8:30	3.6	2:30	0.5	2:31	0.3	5:47	8:16	
30	Tue	8:59	2.9	9:32	3.6	3:34	0.4	3:32	0.4	5:48	8:15	
31	Wed	10:06	2.9	10:35	3.6	4:33	0.4	4:29	0.4	5:49	8:14	