

































## Poughkeepsie, NY - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:09	2.9	11:30	3.7	5:28	0.3	5:23	0.4	5:50	8:13	
2	Fri			12:02	3.0	6:19	0.2	6:14	0.4	5:51	8:12	
3	Sat	12:18	3.7	12:50	3.1	7:07	0.1	7:03	0.4	5:52	8:11	
4	Sun	1:02	3.7	1:34	3.2	7:53	0.1	7:50	0.4	5:53	8:09	
5	Mon	1:43	3.7	2:17	3.2	8:34	0.1	8:34	0.4	5:54	8:08	
6	Tue	2:23	3.6	3:00	3.2	9:12	0.1	9:14	0.5	5:55	8:07	
7	Wed	3:02	3.5	3:42	3.2	9:47	0.2	9:52	0.5	5:56	8:06	
8	Thu	3:41	3.3	4:25	3.2	10:20	0.3	10:30	0.7	5:57	8:04	
9	Fri	4:21	3.1	5:06	3.2	10:50	0.4	11:08	0.8	5:58	8:03	
10	Sat	5:01	2.9	5:46	3.2	11:19	0.6	11:52	0.9	5:59	8:02	
11	Sun	5:42	2.8	6:24	3.1	11:49	0.7			6:00	8:00	
12	Mon	6:24	2.7	7:02	3.2	12:49	1.0	12:28	0.8	6:01	7:59	
13	Tue	7:11	2.6	7:45	3.2	1:58	1.0	1:29	0.9	6:02	7:58	
14	Wed	8:06	2.5	8:40	3.3	3:04	1.0	2:43	0.9	6:03	7:56	
15	Thu	9:16	2.5	9:45	3.4	4:03	0.8	3:49	0.8	6:04	7:55	
16	Fri	10:27	2.7	10:47	3.6	4:56	0.6	4:47	0.7	6:06	7:53	
17	Sat	11:24	2.9	11:40	3.9	5:47	0.3	5:42	0.4	6:07	7:52	
18	Sun			12:13	3.2	6:36	0.1	6:36	0.2	6:08	7:50	
19	Mon	12:29	4.0	12:59	3.4	7:23	-0.1	7:30	0.0	6:09	7:49	
20	Tue	1:16	4.2	1:46	3.7	8:10	-0.3	8:22	-0.1	6:10	7:47	
21	Wed	2:04	4.1	2:35	3.8	8:55	-0.4	9:13	-0.2	6:11	7:46	
22	Thu	2:54	4.0	3:27	3.9	9:38	-0.4	10:03	-0.1	6:12	7:44	
23	Fri	3:48	3.8	4:22	3.9	10:23	-0.3	10:56	0.1	6:13	7:43	
24	Sat	4:45	3.6	5:19	3.9	11:10	-0.1	11:55	0.3	6:14	7:41	
25	Sun	5:44	3.4	6:15	3.8			12:02	0.1	6:15	7:40	
26	Mon	6:43	3.2	7:12	3.7	1:02	0.5	1:04	0.4	6:16	7:38	
27	Tue	7:42	3.0	8:11	3.5	2:11	0.6	2:11	0.6	6:17	7:36	
28	Wed	8:46	2.9	9:15	3.5	3:17	0.6	3:15	0.6	6:18	7:35	
29	Thu	9:53	2.9	10:20	3.5	4:17	0.5	4:15	0.6	6:19	7:33	
30	Fri	10:55	3.0	11:15	3.5	5:10	0.4	5:08	0.6	6:20	7:31	
31	Sat	11:46	3.1			5:58	0.3	5:57	0.5	6:21	7:30	