



Poughkeepsie, NY - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:04	2.7	1:13	3.5	7:31	-0.1	8:19	-0.4	7:22	4:36	☀
2	Thu	1:46	2.7	1:57	3.5	8:14	-0.1	8:59	-0.4	7:22	4:37	☀
3	Fri	2:33	2.8	2:46	3.4	8:58	-0.1	9:40	-0.4	7:22	4:38	☀
4	Sat	3:25	2.9	3:39	3.3	9:46	0.0	10:24	-0.3	7:22	4:38	☀
5	Sun	4:21	3.0	4:36	3.1	10:42	0.1	11:15	-0.2	7:22	4:39	☀
6	Mon	5:16	3.1	5:33	3.0	11:51	0.2			7:22	4:40	☀
7	Tue	6:11	3.1	6:31	2.8	12:13	-0.1	1:05	0.2	7:22	4:41	☀
8	Wed	7:08	3.2	7:34	2.7	1:16	-0.1	2:15	0.1	7:22	4:42	☀
9	Thu	8:12	3.2	8:45	2.6	2:18	-0.1	3:18	0.0	7:22	4:43	☀
10	Fri	9:19	3.3	9:53	2.7	3:17	-0.1	4:16	-0.1	7:21	4:45	☀
11	Sat	10:19	3.4	10:51	2.8	4:14	-0.2	5:11	-0.3	7:21	4:46	☀
12	Sun	11:12	3.5	11:43	2.9	5:09	-0.2	6:03	-0.4	7:21	4:47	☀
13	Mon			12:01	3.5	6:02	-0.3	6:53	-0.5	7:20	4:48	☀
14	Tue	12:32	2.9	12:47	3.5	6:52	-0.3	7:39	-0.5	7:20	4:49	☀
15	Wed	1:20	2.9	1:32	3.4	7:39	-0.2	8:22	-0.5	7:20	4:50	☀
16	Thu	2:07	2.9	2:17	3.3	8:22	-0.1	9:02	-0.4	7:19	4:51	☀
17	Fri	2:54	2.9	3:01	3.1	9:04	0.0	9:40	-0.2	7:19	4:52	☀
18	Sat	3:41	2.8	3:46	2.9	9:45	0.2	10:17	0.0	7:18	4:54	☀
19	Sun	4:27	2.8	4:31	2.7	10:28	0.3	10:55	0.2	7:17	4:55	☀
20	Mon	5:11	2.7	5:15	2.5	11:18	0.5	11:37	0.3	7:17	4:56	☀
21	Tue	5:53	2.7	5:59	2.3			12:18	0.6	7:16	4:57	☀
22	Wed	6:36	2.7	6:46	2.2	12:26	0.4	1:23	0.6	7:15	4:58	☀
23	Thu	7:23	2.7	7:43	2.1	1:22	0.5	2:24	0.6	7:15	5:00	☀
24	Fri	8:19	2.7	8:50	2.1	2:19	0.5	3:19	0.4	7:14	5:01	☀
25	Sat	9:18	2.8	9:52	2.2	3:13	0.4	4:10	0.3	7:13	5:02	☀
26	Sun	10:10	3.0	10:41	2.4	4:04	0.3	4:58	0.1	7:12	5:03	☀
27	Mon	10:55	3.2	11:24	2.5	4:52	0.2	5:45	-0.1	7:11	5:05	☀
28	Tue	11:37	3.4			5:41	0.0	6:30	-0.3	7:11	5:06	☀
29	Wed	12:04	2.7	12:18	3.5	6:29	-0.2	7:14	-0.5	7:10	5:07	☀
30	Thu	12:44	2.9	1:00	3.6	7:16	-0.3	7:55	-0.6	7:09	5:08	☀
31	Fri	1:27	3.0	1:44	3.6	8:02	-0.4	8:35	-0.7	7:08	5:10	☀