

































## Poughkeepsie, NY - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:50	2.7	7:24	3.2	1:08	0.9	1:11	0.8	5:50	8:13	
2	Sat	7:37	2.6	8:10	3.2	2:10	1.0	2:04	0.9	5:51	8:12	
3	Sun	8:30	2.5	9:01	3.2	3:09	1.0	3:00	0.9	5:52	8:11	
4	Mon	9:33	2.5	9:58	3.2	4:04	0.9	3:54	0.9	5:53	8:10	
5	Tue	10:35	2.5	10:52	3.4	4:54	0.7	4:44	0.8	5:54	8:08	
6	Wed	11:27	2.7	11:38	3.5	5:41	0.5	5:33	0.7	5:55	8:07	
7	Thu			12:11	2.9	6:27	0.4	6:21	0.6	5:56	8:06	
8	Fri	12:19	3.7	12:50	3.0	7:11	0.2	7:08	0.4	5:57	8:05	
9	Sat	12:58	3.8	1:29	3.2	7:54	0.0	7:55	0.3	5:58	8:03	
10	Sun	1:37	3.9	2:08	3.3	8:34	-0.1	8:41	0.2	5:59	8:02	
11	Mon	2:18	3.9	2:50	3.5	9:13	-0.2	9:26	0.1	6:00	8:01	
12	Tue	3:02	3.8	3:36	3.6	9:52	-0.2	10:12	0.2	6:01	7:59	
13	Wed	3:52	3.6	4:26	3.7	10:31	-0.1	11:03	0.3	6:02	7:58	
14	Thu	4:46	3.4	5:21	3.7	11:14	0.0			6:03	7:56	
15	Fri	5:44	3.3	6:17	3.7	12:02	0.4	12:05	0.2	6:04	7:55	
16	Sat	6:43	3.1	7:14	3.7	1:11	0.5	1:09	0.3	6:05	7:54	
17	Sun	7:45	3.0	8:16	3.6	2:23	0.6	2:19	0.4	6:06	7:52	
18	Mon	8:54	2.9	9:25	3.6	3:30	0.5	3:27	0.5	6:07	7:51	
19	Tue	10:06	3.0	10:33	3.7	4:31	0.4	4:29	0.4	6:08	7:49	
20	Wed	11:10	3.1	11:32	3.8	5:27	0.2	5:26	0.3	6:09	7:48	
21	Thu			12:04	3.3	6:18	0.1	6:20	0.3	6:10	7:46	
22	Fri	12:21	3.8	12:52	3.4	7:07	0.0	7:11	0.2	6:11	7:45	
23	Sat	1:06	3.8	1:37	3.5	7:52	-0.1	7:59	0.2	6:12	7:43	
24	Sun	1:48	3.8	2:19	3.6	8:34	-0.1	8:43	0.2	6:13	7:41	
25	Mon	2:29	3.7	3:02	3.5	9:12	0.0	9:25	0.3	6:15	7:40	
26	Tue	3:10	3.5	3:44	3.5	9:48	0.2	10:05	0.4	6:16	7:38	
27	Wed	3:52	3.3	4:26	3.4	10:21	0.3	10:45	0.6	6:17	7:37	
28	Thu	4:37	3.0	5:10	3.3	10:52	0.5	11:27	0.8	6:18	7:35	
29	Fri	5:23	2.9	5:53	3.2	11:23	0.7			6:19	7:33	
30	Sat	6:11	2.7	6:37	3.2	12:18	1.0	11:58 AM	0.9	6:20	7:32	
31	Sun	6:59	2.6	7:23	3.1	1:22	1.1	12:54	1.1	6:21	7:30	