

































Poughkeepsie, NY - Oct 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:18	2.6	8:29	3.2	2:50	0.9	2:44	1.1	6:53	6:37	
2	Thu	9:20	2.7	9:33	3.3	3:45	0.8	3:47	0.9	6:54	6:35	
3	Fri	10:17	3.0	10:31	3.5	4:33	0.5	4:41	0.7	6:55	6:33	
4	Sat	11:04	3.3	11:20	3.7	5:17	0.3	5:32	0.4	6:56	6:32	
5	Sun	11:47	3.6			6:00	0.1	6:22	0.1	6:57	6:30	
6	Mon	12:05	3.8	12:28	3.9	6:44	-0.1	7:12	-0.1	6:58	6:28	
7	Tue	12:49	3.9	1:10	4.2	7:28	-0.2	8:03	-0.2	6:59	6:27	
8	Wed	1:34	3.8	1:54	4.3	8:13	-0.3	8:53	-0.2	7:00	6:25	
9	Thu	2:22	3.7	2:42	4.2	8:58	-0.3	9:43	-0.2	7:01	6:24	
10	Fri	3:16	3.5	3:37	4.1	9:44	-0.1	10:35	0.0	7:02	6:22	
11	Sat	4:18	3.3	4:38	3.9	10:33	0.1	11:33	0.2	7:03	6:20	
12	Sun	5:24	3.2	5:45	3.7	11:31	0.4			7:05	6:19	
13	Mon	6:30	3.1	6:50	3.5	12:40	0.4	12:41	0.6	7:06	6:17	
14	Tue	7:34	3.0	7:54	3.4	1:51	0.5	1:56	0.7	7:07	6:15	
15	Wed	8:37	3.0	8:58	3.3	2:56	0.4	3:05	0.7	7:08	6:14	
16	Thu	9:40	3.1	10:00	3.3	3:53	0.3	4:05	0.6	7:09	6:12	
17	Fri	10:36	3.3	10:54	3.4	4:43	0.3	4:58	0.5	7:10	6:11	
18	Sat	11:24	3.5	11:39	3.4	5:28	0.2	5:45	0.4	7:11	6:09	
19	Sun			12:05	3.6	6:09	0.2	6:30	0.3	7:12	6:08	
20	Mon	12:19	3.4	12:42	3.7	6:48	0.2	7:13	0.2	7:14	6:06	
21	Tue	12:57	3.3	1:16	3.7	7:25	0.2	7:55	0.2	7:15	6:05	
22	Wed	1:33	3.2	1:50	3.7	8:01	0.3	8:35	0.2	7:16	6:03	
23	Thu	2:09	3.1	2:23	3.6	8:35	0.4	9:13	0.3	7:17	6:02	
24	Fri	2:45	3.0	2:56	3.5	9:07	0.5	9:50	0.4	7:18	6:00	
25	Sat	3:24	2.8	3:29	3.4	9:37	0.6	10:26	0.5	7:20	5:59	
26	Sun	4:08	2.6	4:07	3.2	10:06	0.8	11:06	0.7	7:21	5:58	
27	Mon	5:00	2.5	4:55	3.1	10:37	0.9	11:56	0.8	7:22	5:56	
28	Tue	5:56	2.5	5:51	3.1	11:19	1.0			7:23	5:55	
29	Wed	6:49	2.5	6:48	3.1	1:00	0.8	12:30	1.1	7:24	5:54	
30	Thu	7:41	2.6	7:46	3.1	2:06	0.7	2:06	1.0	7:25	5:52	
31	Fri	8:36	2.8	8:47	3.2	3:02	0.6	3:16	0.8	7:27	5:51	