

































Poughkeepsie, NY - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:49	3.4	9:16	3.1	3:00	0.0	3:47	0.1	7:03	4:26	
2	Tue	9:46	3.7	10:15	3.2	3:51	-0.2	4:42	-0.2	7:04	4:25	
3	Wed	10:39	4.0	11:09	3.2	4:42	-0.3	5:37	-0.4	7:05	4:25	
4	Thu	11:29	4.1			5:34	-0.4	6:31	-0.5	7:06	4:25	
5	Fri	12:02	3.3	12:20	4.1	6:28	-0.4	7:24	-0.6	7:07	4:25	
6	Sat	12:56	3.3	1:12	4.0	7:22	-0.4	8:15	-0.5	7:08	4:25	
7	Sun	1:53	3.2	2:08	3.8	8:14	-0.3	9:06	-0.5	7:09	4:25	
8	Mon	2:53	3.1	3:08	3.6	9:06	-0.1	9:57	-0.3	7:10	4:25	
9	Tue	3:55	3.0	4:09	3.4	10:00	0.1	10:52	-0.1	7:11	4:25	
10	Wed	4:55	3.0	5:06	3.2	10:59	0.3	11:49	0.0	7:12	4:25	
11	Thu	5:50	3.0	6:00	3.0			12:04	0.5	7:12	4:25	
12	Fri	6:41	2.9	6:52	2.8	12:47	0.2	1:10	0.6	7:13	4:25	
13	Sat	7:33	2.9	7:46	2.6	1:41	0.2	2:11	0.5	7:14	4:25	
14	Sun	8:25	3.0	8:42	2.5	2:31	0.3	3:05	0.5	7:15	4:25	
15	Mon	9:16	3.1	9:37	2.5	3:16	0.3	3:55	0.4	7:15	4:26	
16	Tue	10:03	3.2	10:26	2.5	3:58	0.3	4:40	0.2	7:16	4:26	
17	Wed	10:45	3.3	11:09	2.6	4:39	0.3	5:25	0.1	7:17	4:26	
18	Thu	11:24	3.3	11:50	2.6	5:21	0.2	6:08	0.1	7:17	4:27	
19	Fri			12:01	3.4	6:02	0.2	6:51	0.0	7:18	4:27	
20	Sat	12:28	2.6	12:36	3.4	6:44	0.2	7:31	-0.1	7:19	4:28	
21	Sun	1:06	2.6	1:10	3.3	7:23	0.2	8:10	-0.1	7:19	4:28	
22	Mon	1:45	2.6	1:44	3.3	8:01	0.2	8:47	-0.1	7:19	4:29	
23	Tue	2:23	2.5	2:20	3.2	8:37	0.3	9:23	0.0	7:20	4:29	
24	Wed	3:05	2.5	3:02	3.1	9:13	0.3	10:00	0.0	7:20	4:30	
25	Thu	3:50	2.6	3:51	3.0	9:54	0.4	10:40	0.0	7:21	4:30	
26	Fri	4:38	2.7	4:43	3.0	10:46	0.4	11:28	0.1	7:21	4:31	
27	Sat	5:27	2.8	5:38	2.9	11:59	0.5			7:21	4:32	
28	Sun	6:18	3.0	6:36	2.8	12:25	0.1	1:17	0.4	7:22	4:32	
29	Mon	7:14	3.2	7:40	2.7	1:27	0.0	2:26	0.2	7:22	4:33	
30	Tue	8:17	3.3	8:51	2.7	2:27	-0.1	3:29	0.0	7:22	4:34	
31	Wed	9:23	3.5	9:58	2.8	3:26	-0.2	4:26	-0.2	7:22	4:35	