
































Poughkeepsie, NY - Apr 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:50	3.5	1:08	3.3	7:20	-0.2	7:40	-0.3	6:38	7:21	
2	Thu	1:29	3.6	1:47	3.3	8:04	-0.2	8:19	-0.2	6:36	7:22	
3	Fri	2:06	3.6	2:26	3.1	8:45	-0.2	8:55	0.0	6:34	7:23	
4	Sat	2:43	3.5	3:06	3.0	9:24	-0.1	9:28	0.1	6:32	7:24	
5	Sun	3:19	3.4	3:48	2.8	10:02	0.0	9:59	0.3	6:31	7:25	
6	Mon	3:58	3.2	4:34	2.6	10:39	0.2	10:28	0.5	6:29	7:26	
7	Tue	4:39	3.1	5:23	2.5	11:19	0.4	10:58	0.7	6:27	7:27	
8	Wed	5:25	2.9	6:14	2.4			12:07	0.6	6:26	7:28	
9	Thu	6:14	2.8	7:05	2.3			1:11	0.7	6:24	7:29	
10	Fri	7:06	2.7	7:58	2.4	12:50	1.0	2:18	0.7	6:23	7:30	
11	Sat	8:02	2.7	8:55	2.5	2:22	1.0	3:16	0.6	6:21	7:31	
12	Sun	9:05	2.8	9:53	2.7	3:29	0.8	4:06	0.4	6:19	7:33	
13	Mon	10:07	2.9	10:43	3.0	4:24	0.6	4:52	0.3	6:18	7:34	
14	Tue	11:00	3.1	11:26	3.3	5:14	0.3	5:35	0.1	6:16	7:35	
15	Wed	11:46	3.3			6:03	0.1	6:17	-0.1	6:15	7:36	
16	Thu	12:05	3.6	12:30	3.4	6:52	-0.2	7:01	-0.2	6:13	7:37	
17	Fri	12:45	3.8	1:14	3.4	7:42	-0.4	7:46	-0.3	6:11	7:38	
18	Sat	1:26	4.0	2:00	3.4	8:31	-0.5	8:32	-0.3	6:10	7:39	
19	Sun	2:12	4.0	2:51	3.3	9:19	-0.5	9:18	-0.3	6:08	7:40	
20	Mon	3:02	4.0	3:49	3.2	10:09	-0.4	10:06	-0.1	6:07	7:41	
21	Tue	4:00	3.8	4:53	3.0	11:02	-0.2	10:59	0.1	6:05	7:42	
22	Wed	5:05	3.6	5:58	3.0			12:02	0.0	6:04	7:44	
23	Thu	6:12	3.4	7:01	3.0	12:03	0.3	1:10	0.1	6:02	7:45	
24	Fri	7:15	3.3	8:02	3.0	1:18	0.5	2:16	0.2	6:01	7:46	
25	Sat	8:18	3.2	9:04	3.1	2:31	0.5	3:17	0.1	6:00	7:47	
26	Sun	9:23	3.1	10:04	3.2	3:36	0.4	4:11	0.1	5:58	7:48	
27	Mon	10:23	3.1	10:57	3.4	4:33	0.3	4:59	0.0	5:57	7:49	
28	Tue	11:16	3.1	11:42	3.5	5:24	0.2	5:43	0.0	5:55	7:50	
29	Wed			12:01	3.1	6:12	0.1	6:25	0.0	5:54	7:51	
30	Thu	12:22	3.6	12:42	3.1	6:57	0.0	7:06	0.1	5:53	7:52	