


































Poughkeepsie, NY - Jan 2028

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 3:26 | 2.6 | 3:29 | 2.9 | 9:29 | 0.4 | 9:59 | 0.1 | 7:22 | 4:35 |  |
| 2 | Sun | 4:10 | 2.6 | 4:10 | 2.7 | 10:06 | 0.5 | 10:33 | 0.2 | 7:22 | 4:36 |  |
| 3 | Mon | 4:51 | 2.6 | 4:52 | 2.6 | 10:50 | 0.6 | 11:09 | 0.3 | 7:22 | 4:37 |  |
| 4 | Tue | 5:29 | 2.6 | 5:34 | 2.5 | 11:50 | 0.7 | 11:55 | 0.3 | 7:22 | 4:38 |  |
| 5 | Wed | 6:06 | 2.7 | 6:20 | 2.4 | | | 1:02 | 0.7 | 7:22 | 4:39 |  |
| 6 | Thu | 6:49 | 2.8 | 7:14 | 2.3 | 12:53 | 0.4 | 2:08 | 0.6 | 7:22 | 4:40 |  |
| 7 | Fri | 7:42 | 2.9 | 8:21 | 2.3 | 1:54 | 0.3 | 3:07 | 0.4 | 7:22 | 4:41 |  |
| 8 | Sat | 8:45 | 3.0 | 9:29 | 2.4 | 2:53 | 0.2 | 4:01 | 0.2 | 7:22 | 4:42 |  |
| 9 | Sun | 9:46 | 3.3 | 10:26 | 2.6 | 3:48 | 0.1 | 4:53 | -0.1 | 7:22 | 4:43 |  |
| 10 | Mon | 10:40 | 3.5 | 11:17 | 2.8 | 4:43 | -0.1 | 5:44 | -0.3 | 7:22 | 4:44 |  |
| 11 | Tue | 11:30 | 3.7 | | | 5:37 | -0.3 | 6:35 | -0.6 | 7:21 | 4:45 |  |
| 12 | Wed | 12:06 | 3.0 | 12:20 | 3.8 | 6:31 | -0.5 | 7:23 | -0.7 | 7:21 | 4:46 |  |
| 13 | Thu | 12:56 | 3.2 | 1:10 | 3.8 | 7:24 | -0.6 | 8:10 | -0.8 | 7:21 | 4:47 |  |
| 14 | Fri | 1:48 | 3.3 | 2:02 | 3.8 | 8:15 | -0.7 | 8:56 | -0.8 | 7:20 | 4:48 |  |
| 15 | Sat | 2:43 | 3.3 | 2:57 | 3.6 | 9:06 | -0.6 | 9:42 | -0.7 | 7:20 | 4:49 |  |
| 16 | Sun | 3:40 | 3.4 | 3:54 | 3.3 | 9:59 | -0.4 | 10:31 | -0.6 | 7:19 | 4:50 |  |
| 17 | Mon | 4:36 | 3.3 | 4:51 | 3.1 | 10:57 | -0.2 | 11:26 | -0.4 | 7:19 | 4:52 |  |
| 18 | Tue | 5:32 | 3.3 | 5:47 | 2.9 | | | 12:03 | 0.0 | 7:18 | 4:53 |  |
| 19 | Wed | 6:26 | 3.2 | 6:45 | 2.6 | 12:25 | -0.2 | 1:11 | 0.1 | 7:18 | 4:54 |  |
| 20 | Thu | 7:22 | 3.1 | 7:47 | 2.5 | 1:27 | 0.0 | 2:16 | 0.2 | 7:17 | 4:55 |  |
| 21 | Fri | 8:24 | 3.0 | 8:54 | 2.4 | 2:27 | 0.1 | 3:16 | 0.1 | 7:17 | 4:56 |  |
| 22 | Sat | 9:25 | 3.0 | 9:56 | 2.4 | 3:23 | 0.1 | 4:10 | 0.0 | 7:16 | 4:58 |  |
| 23 | Sun | 10:20 | 3.1 | 10:48 | 2.5 | 4:15 | 0.1 | 5:00 | 0.0 | 7:15 | 4:59 |  |
| 24 | Mon | 11:07 | 3.2 | 11:33 | 2.6 | 5:04 | 0.1 | 5:46 | -0.1 | 7:14 | 5:00 |  |
| 25 | Tue | 11:49 | 3.2 | | | 5:50 | 0.0 | 6:29 | -0.2 | 7:14 | 5:01 |  |
| 26 | Wed | 12:14 | 2.7 | 12:28 | 3.3 | 6:34 | 0.0 | 7:09 | -0.3 | 7:13 | 5:03 |  |
| 27 | Thu | 12:53 | 2.8 | 1:05 | 3.2 | 7:15 | 0.0 | 7:46 | -0.3 | 7:12 | 5:04 |  |
| 28 | Fri | 1:31 | 2.8 | 1:42 | 3.1 | 7:54 | 0.0 | 8:21 | -0.3 | 7:11 | 5:05 |  |
| 29 | Sat | 2:09 | 2.8 | 2:17 | 3.0 | 8:30 | 0.0 | 8:52 | -0.2 | 7:10 | 5:06 |  |
| 30 | Sun | 2:44 | 2.8 | 2:51 | 2.8 | 9:04 | 0.1 | 9:21 | -0.1 | 7:09 | 5:08 |  |
| 31 | Mon | 3:18 | 2.7 | 3:25 | 2.7 | 9:37 | 0.2 | 9:47 | 0.0 | 7:08 | 5:09 |  |