

































## Poughkeepsie, NY - Jul 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:30	3.0	9:12	3.7	3:05	0.4	3:16	0.1	5:25	8:34	
2	Sun	9:35	2.9	10:12	3.7	4:05	0.3	4:12	0.2	5:25	8:33	
3	Mon	10:40	2.9	11:08	3.8	5:01	0.2	5:05	0.2	5:26	8:33	
4	Tue	11:38	3.0	11:58	3.8	5:54	0.1	5:56	0.3	5:27	8:33	
5	Wed			12:28	3.0	6:45	0.1	6:47	0.3	5:27	8:33	
6	Thu	12:44	3.8	1:16	3.1	7:33	0.0	7:35	0.3	5:28	8:32	
7	Fri	1:28	3.8	2:01	3.1	8:18	0.0	8:21	0.4	5:29	8:32	
8	Sat	2:10	3.7	2:46	3.1	9:00	0.0	9:04	0.4	5:29	8:32	
9	Sun	2:53	3.6	3:32	3.1	9:38	0.1	9:44	0.5	5:30	8:31	
10	Mon	3:36	3.4	4:17	3.0	10:14	0.1	10:23	0.6	5:31	8:31	
11	Tue	4:19	3.2	5:02	3.0	10:49	0.3	11:03	0.8	5:31	8:30	
12	Wed	5:03	3.1	5:44	3.0	11:23	0.4	11:48	0.9	5:32	8:30	
13	Thu	5:45	2.9	6:23	3.1	11:57	0.5			5:33	8:29	
14	Fri	6:27	2.8	6:59	3.1	12:43	1.0	12:37	0.6	5:34	8:29	
15	Sat	7:10	2.7	7:37	3.1	1:47	1.0	1:27	0.7	5:35	8:28	
16	Sun	7:58	2.6	8:22	3.2	2:50	1.0	2:25	0.7	5:35	8:27	
17	Mon	8:57	2.6	9:17	3.3	3:47	0.8	3:24	0.7	5:36	8:27	
18	Tue	10:04	2.6	10:18	3.5	4:41	0.6	4:21	0.6	5:37	8:26	
19	Wed	11:05	2.8	11:14	3.7	5:32	0.4	5:15	0.4	5:38	8:25	
20	Thu	11:56	3.0			6:22	0.2	6:09	0.2	5:39	8:24	
21	Fri	12:04	3.9	12:44	3.2	7:11	0.0	7:04	0.1	5:40	8:24	
22	Sat	12:52	4.1	1:32	3.4	7:59	-0.2	7:58	-0.1	5:41	8:23	
23	Sun	1:41	4.1	2:23	3.6	8:46	-0.4	8:50	-0.1	5:42	8:22	
24	Mon	2:31	4.1	3:16	3.7	9:31	-0.4	9:41	-0.1	5:43	8:21	
25	Tue	3:25	3.9	4:11	3.8	10:16	-0.4	10:33	0.0	5:43	8:20	
26	Wed	4:22	3.7	5:08	3.8	11:03	-0.3	11:29	0.1	5:44	8:19	
27	Thu	5:20	3.5	6:04	3.8	11:54	-0.1			5:45	8:18	
28	Fri	6:18	3.3	6:58	3.8	12:32	0.3	12:51	0.1	5:46	8:17	
29	Sat	7:15	3.1	7:53	3.7	1:39	0.4	1:52	0.3	5:47	8:16	
30	Sun	8:14	2.9	8:51	3.6	2:46	0.5	2:54	0.4	5:48	8:15	
31	Mon	9:19	2.8	9:53	3.6	3:48	0.4	3:53	0.4	5:49	8:14	