
































Poughkeepsie, NY - Jun 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:51	3.5	5:36	3.1	11:27	0.0	11:42	0.6	5:23	8:24	
2	Sat	5:46	3.3	6:28	3.1			12:19	0.2	5:22	8:24	
3	Sun	6:36	3.1	7:16	3.1	12:41	0.7	1:12	0.3	5:22	8:25	
4	Mon	7:25	3.0	8:03	3.1	1:44	0.8	2:04	0.5	5:22	8:26	
5	Tue	8:14	2.8	8:51	3.1	2:44	0.8	2:53	0.5	5:21	8:26	
6	Wed	9:07	2.7	9:41	3.2	3:38	0.8	3:39	0.5	5:21	8:27	
7	Thu	10:03	2.7	10:30	3.3	4:28	0.7	4:23	0.5	5:21	8:28	
8	Fri	10:56	2.7	11:14	3.4	5:15	0.5	5:05	0.5	5:21	8:28	
9	Sat	11:43	2.8	11:54	3.5	6:00	0.4	5:48	0.5	5:20	8:29	
10	Sun			12:26	2.8	6:45	0.3	6:31	0.4	5:20	8:29	
11	Mon	12:30	3.6	1:06	2.9	7:29	0.2	7:14	0.4	5:20	8:30	
12	Tue	1:03	3.6	1:46	2.9	8:12	0.1	7:58	0.4	5:20	8:30	
13	Wed	1:37	3.7	2:27	2.9	8:53	0.0	8:40	0.3	5:20	8:31	
14	Thu	2:13	3.7	3:09	2.9	9:32	0.0	9:22	0.3	5:20	8:31	
15	Fri	2:53	3.6	3:56	3.0	10:12	0.0	10:04	0.4	5:20	8:32	
16	Sat	3:41	3.6	4:47	3.1	10:52	0.0	10:51	0.4	5:20	8:32	
17	Sun	4:35	3.5	5:39	3.2	11:36	0.1	11:47	0.5	5:20	8:32	
18	Mon	5:32	3.4	6:30	3.4			12:27	0.1	5:20	8:33	
19	Tue	6:30	3.3	7:22	3.5	12:56	0.5	1:25	0.1	5:21	8:33	
20	Wed	7:28	3.2	8:17	3.6	2:08	0.5	2:26	0.1	5:21	8:33	
21	Thu	8:31	3.1	9:18	3.8	3:15	0.4	3:26	0.1	5:21	8:33	
22	Fri	9:40	3.0	10:21	3.9	4:16	0.2	4:23	0.0	5:21	8:34	
23	Sat	10:49	3.1	11:19	4.0	5:14	0.0	5:19	0.0	5:21	8:34	
24	Sun	11:49	3.2			6:09	-0.1	6:14	0.0	5:22	8:34	
25	Mon	12:12	4.1	12:43	3.3	7:03	-0.2	7:08	0.0	5:22	8:34	
26	Tue	1:02	4.1	1:36	3.3	7:55	-0.3	8:01	0.0	5:22	8:34	
27	Wed	1:52	4.0	2:28	3.3	8:44	-0.3	8:51	0.1	5:23	8:34	
28	Thu	2:41	3.9	3:21	3.3	9:30	-0.3	9:38	0.2	5:23	8:34	
29	Fri	3:31	3.7	4:13	3.2	10:13	-0.2	10:24	0.4	5:24	8:34	
30	Sat	4:22	3.5	5:04	3.2	10:55	0.0	11:11	0.6	5:24	8:34	