

































Poughkeepsie, NY - Aug 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:07	2.9	6:35	3.2	12:14	0.9	12:09	0.6	5:50	8:13	
2	Thu	6:53	2.7	7:16	3.1	1:13	1.0	12:56	0.8	5:51	8:12	
3	Fri	7:40	2.6	8:01	3.1	2:15	1.0	1:54	0.9	5:52	8:11	
4	Sat	8:34	2.6	8:52	3.2	3:15	0.9	2:54	0.9	5:53	8:10	
5	Sun	9:37	2.6	9:51	3.3	4:08	0.8	3:51	0.8	5:54	8:08	
6	Mon	10:36	2.7	10:46	3.4	4:58	0.6	4:43	0.7	5:55	8:07	
7	Tue	11:27	2.9	11:33	3.6	5:44	0.4	5:33	0.5	5:56	8:06	
8	Wed			12:11	3.1	6:30	0.2	6:23	0.3	5:57	8:05	
9	Thu	12:15	3.8	12:52	3.3	7:14	0.0	7:12	0.2	5:58	8:03	
10	Fri	12:56	3.9	1:33	3.5	7:58	-0.1	8:02	0.0	5:59	8:02	
11	Sat	1:38	4.0	2:16	3.7	8:40	-0.2	8:50	-0.1	6:00	8:01	
12	Sun	2:23	3.9	3:03	3.8	9:22	-0.3	9:38	-0.1	6:01	7:59	
13	Mon	3:12	3.8	3:55	3.8	10:04	-0.3	10:28	0.0	6:02	7:58	
14	Tue	4:06	3.6	4:50	3.9	10:48	-0.1	11:22	0.2	6:03	7:56	
15	Wed	5:05	3.4	5:48	3.8	11:37	0.0			6:04	7:55	
16	Thu	6:06	3.2	6:46	3.8	12:25	0.3	12:37	0.2	6:05	7:54	
17	Fri	7:08	3.1	7:45	3.7	1:35	0.5	1:45	0.4	6:06	7:52	
18	Sat	8:11	3.0	8:47	3.6	2:43	0.5	2:53	0.4	6:07	7:51	
19	Sun	9:20	3.0	9:54	3.6	3:47	0.4	3:56	0.4	6:08	7:49	
20	Mon	10:28	3.1	10:54	3.7	4:44	0.3	4:53	0.4	6:09	7:48	
21	Tue	11:26	3.2	11:46	3.8	5:36	0.2	5:46	0.3	6:10	7:46	
22	Wed			12:15	3.4	6:24	0.1	6:36	0.3	6:11	7:45	
23	Thu	12:31	3.8	12:59	3.5	7:10	0.0	7:24	0.2	6:13	7:43	
24	Fri	1:13	3.8	1:40	3.5	7:53	0.0	8:09	0.2	6:14	7:41	
25	Sat	1:54	3.7	2:20	3.5	8:32	0.0	8:51	0.3	6:15	7:40	
26	Sun	2:34	3.6	2:59	3.5	9:08	0.1	9:31	0.4	6:16	7:38	
27	Mon	3:14	3.4	3:39	3.4	9:42	0.2	10:09	0.5	6:17	7:37	
28	Tue	3:56	3.2	4:18	3.3	10:14	0.4	10:48	0.7	6:18	7:35	
29	Wed	4:41	3.0	4:59	3.3	10:43	0.6	11:30	0.8	6:19	7:33	
30	Thu	5:27	2.8	5:41	3.2	11:13	0.7			6:20	7:32	
31	Fri	6:15	2.7	6:24	3.1	12:22	1.0	11:51 AM	0.9	6:21	7:30	