

































Poughkeepsie, NY - Dec 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:08	3.4	8:24	3.0	2:23	0.1	3:03	0.2	7:03	4:26	
2	Sun	9:09	3.7	9:32	3.1	3:17	-0.1	4:01	-0.1	7:04	4:25	
3	Mon	10:07	3.9	10:31	3.2	4:10	-0.3	4:56	-0.3	7:05	4:25	
4	Tue	11:00	4.1	11:26	3.3	5:04	-0.4	5:51	-0.5	7:06	4:25	
5	Wed	11:51	4.1			5:57	-0.5	6:45	-0.6	7:07	4:25	
6	Thu	12:19	3.3	12:42	4.1	6:51	-0.5	7:36	-0.6	7:08	4:25	
7	Fri	1:13	3.3	1:34	4.0	7:43	-0.4	8:26	-0.6	7:09	4:25	
8	Sat	2:10	3.2	2:29	3.8	8:34	-0.3	9:14	-0.5	7:10	4:25	
9	Sun	3:08	3.1	3:25	3.6	9:24	-0.1	10:03	-0.3	7:11	4:25	
10	Mon	4:07	3.0	4:22	3.3	10:17	0.2	10:55	-0.1	7:12	4:25	
11	Tue	5:02	3.0	5:15	3.1	11:15	0.4	11:49	0.1	7:12	4:25	
12	Wed	5:53	2.9	6:06	2.9			12:18	0.5	7:13	4:25	
13	Thu	6:43	2.9	6:57	2.7	12:44	0.2	1:21	0.6	7:14	4:25	
14	Fri	7:32	2.9	7:50	2.6	1:36	0.3	2:20	0.6	7:15	4:25	
15	Sat	8:24	2.9	8:47	2.5	2:25	0.3	3:13	0.5	7:15	4:26	
16	Sun	9:16	3.0	9:41	2.5	3:11	0.3	4:01	0.4	7:16	4:26	
17	Mon	10:04	3.1	10:30	2.6	3:55	0.3	4:46	0.2	7:17	4:26	
18	Tue	10:46	3.2	11:14	2.7	4:38	0.2	5:31	0.1	7:17	4:27	
19	Wed	11:24	3.3	11:54	2.7	5:20	0.2	6:14	0.0	7:18	4:27	
20	Thu	11:59	3.4			6:03	0.1	6:56	-0.1	7:19	4:28	
21	Fri	12:33	2.7	12:32	3.4	6:45	0.1	7:37	-0.2	7:19	4:28	
22	Sat	1:11	2.7	1:04	3.4	7:26	0.1	8:15	-0.2	7:19	4:29	
23	Sun	1:49	2.7	1:38	3.3	8:04	0.1	8:52	-0.2	7:20	4:29	
24	Mon	2:29	2.7	2:17	3.3	8:43	0.1	9:28	-0.2	7:20	4:30	
25	Tue	3:13	2.8	3:03	3.2	9:23	0.1	10:06	-0.1	7:21	4:30	
26	Wed	4:01	2.8	3:55	3.1	10:10	0.2	10:50	-0.1	7:21	4:31	
27	Thu	4:52	3.0	4:52	3.0	11:09	0.3	11:44	0.0	7:21	4:32	
28	Fri	5:45	3.1	5:50	2.9			12:24	0.3	7:22	4:32	
29	Sat	6:40	3.2	6:52	2.8	12:47	0.0	1:38	0.2	7:22	4:33	
30	Sun	7:41	3.3	8:01	2.7	1:52	-0.1	2:44	0.1	7:22	4:34	
31	Mon	8:47	3.5	9:15	2.8	2:53	-0.2	3:45	-0.1	7:22	4:35	