






























## Poughkeepsie, NY - Feb 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:30	3.6	11:57	3.1	5:32	-0.4	6:11	-0.6	7:07	5:11	
2	Sat			12:17	3.6	6:24	-0.5	6:58	-0.7	7:06	5:12	
3	Sun	12:44	3.2	1:02	3.6	7:13	-0.5	7:42	-0.7	7:05	5:13	
4	Mon	1:29	3.2	1:46	3.5	7:58	-0.5	8:23	-0.6	7:04	5:15	
5	Tue	2:14	3.2	2:31	3.3	8:41	-0.3	9:02	-0.5	7:03	5:16	
6	Wed	2:58	3.1	3:16	3.0	9:23	-0.2	9:38	-0.2	7:01	5:17	
7	Thu	3:43	3.0	4:03	2.8	10:05	0.1	10:15	0.0	7:00	5:18	
8	Fri	4:28	2.9	4:50	2.6	10:51	0.3	10:53	0.2	6:59	5:20	
9	Sat	5:12	2.8	5:37	2.4	11:47	0.5	11:39	0.4	6:58	5:21	
10	Sun	5:56	2.7	6:26	2.3			12:50	0.6	6:57	5:22	
11	Mon	6:43	2.6	7:20	2.2	12:39	0.5	1:54	0.6	6:55	5:23	
12	Tue	7:39	2.6	8:23	2.2	1:43	0.6	2:51	0.5	6:54	5:25	
13	Wed	8:42	2.7	9:25	2.3	2:43	0.5	3:42	0.3	6:53	5:26	
14	Thu	9:41	2.8	10:17	2.5	3:36	0.4	4:29	0.2	6:51	5:27	
15	Fri	10:28	3.0	11:00	2.7	4:25	0.2	5:14	0.0	6:50	5:29	
16	Sat	11:09	3.2	11:39	2.9	5:12	0.0	5:57	-0.2	6:49	5:30	
17	Sun	11:47	3.3			5:59	-0.2	6:38	-0.4	6:47	5:31	
18	Mon	12:16	3.1	12:24	3.4	6:45	-0.4	7:19	-0.5	6:46	5:32	
19	Tue	12:54	3.3	1:04	3.4	7:30	-0.5	7:58	-0.6	6:44	5:34	
20	Wed	1:34	3.4	1:46	3.4	8:15	-0.5	8:37	-0.6	6:43	5:35	
21	Thu	2:18	3.5	2:34	3.3	9:00	-0.5	9:18	-0.5	6:42	5:36	
22	Fri	3:08	3.5	3:28	3.1	9:48	-0.4	10:02	-0.4	6:40	5:37	
23	Sat	4:04	3.4	4:27	2.9	10:44	-0.2	10:56	-0.2	6:39	5:38	
24	Sun	5:03	3.3	5:30	2.8	11:51	0.0			6:37	5:40	
25	Mon	6:04	3.2	6:34	2.7	12:04	0.0	1:03	0.1	6:36	5:41	
26	Tue	7:09	3.2	7:44	2.6	1:18	0.1	2:12	0.1	6:34	5:42	
27	Wed	8:19	3.1	8:56	2.7	2:27	0.1	3:14	-0.1	6:33	5:43	
28	Thu	9:27	3.2	10:00	2.9	3:29	0.0	4:09	-0.2	6:31	5:44	