



Poughkeepsie, NY - Aug 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:03	3.6	2:46	3.3	9:08	0.0	9:12	0.3	5:50	8:13	☀
2	Fri	2:39	3.6	3:25	3.4	9:44	0.0	9:53	0.3	5:51	8:12	☀
3	Sat	3:20	3.5	4:09	3.5	10:19	0.0	10:37	0.3	5:52	8:11	☀
4	Sun	4:08	3.4	4:58	3.5	10:56	0.1	11:27	0.4	5:53	8:10	☀
5	Mon	5:03	3.2	5:51	3.6	11:40	0.2			5:54	8:09	☀
6	Tue	6:02	3.1	6:47	3.7	12:31	0.5	12:37	0.3	5:55	8:07	☀
7	Wed	7:03	3.0	7:45	3.7	1:44	0.5	1:49	0.4	5:56	8:06	☀
8	Thu	8:09	3.0	8:50	3.7	2:54	0.5	3:00	0.4	5:57	8:05	☀
9	Fri	9:22	3.0	10:00	3.8	3:58	0.3	4:04	0.3	5:58	8:04	☀
10	Sat	10:34	3.2	11:03	3.9	4:56	0.1	5:04	0.1	5:59	8:02	☀
11	Sun	11:35	3.4	11:58	4.0	5:50	-0.1	6:01	0.0	6:00	8:01	☀
12	Mon			12:29	3.5	6:42	-0.2	6:55	0.0	6:01	8:00	☀
13	Tue	12:48	4.1	1:18	3.7	7:32	-0.3	7:48	-0.1	6:02	7:58	☀
14	Wed	1:35	4.1	2:06	3.7	8:19	-0.4	8:37	0.0	6:03	7:57	☀
15	Thu	2:22	3.9	2:53	3.7	9:03	-0.3	9:24	0.0	6:04	7:55	☀
16	Fri	3:09	3.8	3:41	3.6	9:44	-0.2	10:08	0.2	6:05	7:54	☀
17	Sat	3:58	3.5	4:29	3.5	10:24	0.0	10:54	0.4	6:06	7:52	☀
18	Sun	4:47	3.3	5:16	3.4	11:03	0.3	11:42	0.6	6:07	7:51	☀
19	Mon	5:38	3.1	6:04	3.3	11:44	0.5			6:08	7:49	☀
20	Tue	6:27	2.9	6:50	3.2	12:38	0.8	12:31	0.7	6:09	7:48	☀
21	Wed	7:17	2.8	7:37	3.2	1:39	0.9	1:27	0.9	6:10	7:46	☀
22	Thu	8:09	2.7	8:28	3.1	2:40	0.9	2:28	0.9	6:11	7:45	☀
23	Fri	9:07	2.7	9:26	3.2	3:36	0.9	3:26	0.9	6:12	7:43	☀
24	Sat	10:07	2.7	10:22	3.3	4:26	0.8	4:18	0.8	6:13	7:42	☀
25	Sun	11:00	2.9	11:11	3.4	5:12	0.6	5:07	0.7	6:14	7:40	☀
26	Mon	11:44	3.1	11:51	3.6	5:55	0.4	5:53	0.5	6:15	7:39	☀
27	Tue			12:24	3.3	6:37	0.3	6:38	0.4	6:16	7:37	☀
28	Wed	12:28	3.7	1:00	3.4	7:18	0.1	7:24	0.2	6:17	7:35	☀
29	Thu	1:03	3.7	1:35	3.6	7:58	0.0	8:09	0.1	6:18	7:34	☀
30	Fri	1:39	3.7	2:12	3.7	8:36	0.0	8:53	0.1	6:19	7:32	☀
31	Sat	2:18	3.7	2:52	3.8	9:14	-0.1	9:37	0.1	6:20	7:31	☀