
































Poughkeepsie, NY - Sep 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:02	3.6	3:38	3.8	9:52	0.0	10:23	0.2	6:21	7:29	
2	Mon	3:53	3.4	4:32	3.8	10:33	0.1	11:15	0.3	6:23	7:27	
3	Tue	4:52	3.3	5:31	3.8	11:21	0.2			6:24	7:26	
4	Wed	5:56	3.1	6:33	3.7	12:18	0.4	12:23	0.4	6:25	7:24	
5	Thu	7:01	3.1	7:35	3.7	1:29	0.5	1:38	0.5	6:26	7:22	
6	Fri	8:07	3.1	8:41	3.7	2:39	0.5	2:51	0.5	6:27	7:20	
7	Sat	9:17	3.1	9:49	3.7	3:42	0.3	3:56	0.4	6:28	7:19	
8	Sun	10:25	3.3	10:51	3.8	4:39	0.2	4:54	0.3	6:29	7:17	
9	Mon	11:23	3.5	11:44	3.9	5:31	0.0	5:48	0.1	6:30	7:15	
10	Tue			12:12	3.7	6:20	-0.1	6:40	0.1	6:31	7:14	
11	Wed	12:31	3.9	12:57	3.8	7:06	-0.2	7:29	0.0	6:32	7:12	
12	Thu	1:15	3.9	1:40	3.8	7:51	-0.2	8:16	0.0	6:33	7:10	
13	Fri	1:58	3.8	2:21	3.8	8:32	-0.1	9:00	0.1	6:34	7:08	
14	Sat	2:41	3.6	3:02	3.7	9:11	0.1	9:42	0.2	6:35	7:07	
15	Sun	3:25	3.4	3:45	3.6	9:48	0.2	10:24	0.4	6:36	7:05	
16	Mon	4:13	3.2	4:30	3.4	10:23	0.5	11:07	0.6	6:37	7:03	
17	Tue	5:03	3.0	5:17	3.3	10:58	0.7	11:55	0.8	6:38	7:01	
18	Wed	5:54	2.8	6:05	3.2	11:37	0.9			6:39	7:00	
19	Thu	6:46	2.7	6:54	3.1	12:54	1.0	12:30	1.0	6:40	6:58	
20	Fri	7:37	2.7	7:44	3.1	1:58	1.0	1:42	1.1	6:41	6:56	
21	Sat	8:31	2.7	8:38	3.1	2:57	0.9	2:49	1.1	6:42	6:55	
22	Sun	9:29	2.8	9:37	3.2	3:48	0.8	3:46	0.9	6:43	6:53	
23	Mon	10:22	3.0	10:30	3.3	4:35	0.6	4:37	0.7	6:44	6:51	
24	Tue	11:08	3.2	11:16	3.5	5:18	0.4	5:25	0.5	6:45	6:49	
25	Wed	11:48	3.5	11:57	3.6	5:59	0.3	6:12	0.3	6:46	6:48	
26	Thu			12:25	3.7	6:40	0.1	6:59	0.1	6:47	6:46	
27	Fri	12:36	3.7	1:02	3.9	7:22	0.0	7:47	0.0	6:48	6:44	
28	Sat	1:16	3.7	1:42	4.1	8:04	-0.1	8:34	-0.1	6:49	6:42	
29	Sun	1:59	3.7	2:26	4.1	8:47	-0.1	9:22	-0.1	6:50	6:41	
30	Mon	2:46	3.6	3:15	4.1	9:30	-0.1	10:10	0.0	6:51	6:39	