

































## Poughkeepsie, NY - Oct 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:42	3.4	4:13	4.0	10:16	0.1	11:04	0.1	6:52	6:37	
2	Wed	4:46	3.3	5:17	3.8	11:09	0.2			6:53	6:36	
3	Thu	5:53	3.2	6:22	3.7	12:05	0.3	12:14	0.4	6:55	6:34	
4	Fri	6:59	3.1	7:25	3.6	1:14	0.4	1:29	0.5	6:56	6:32	
5	Sat	8:02	3.2	8:28	3.6	2:21	0.4	2:40	0.5	6:57	6:30	
6	Sun	9:07	3.2	9:33	3.5	3:23	0.3	3:44	0.4	6:58	6:29	
7	Mon	10:10	3.4	10:32	3.6	4:18	0.2	4:41	0.3	6:59	6:27	
8	Tue	11:05	3.6	11:24	3.6	5:08	0.1	5:33	0.2	7:00	6:25	
9	Wed	11:52	3.7			5:54	0.0	6:22	0.1	7:01	6:24	
10	Thu	12:10	3.7	12:34	3.8	6:38	0.0	7:09	0.1	7:02	6:22	
11	Fri	12:52	3.6	1:12	3.9	7:20	0.0	7:54	0.1	7:03	6:21	
12	Sat	1:33	3.5	1:50	3.8	8:00	0.1	8:36	0.1	7:04	6:19	
13	Sun	2:14	3.4	2:27	3.7	8:39	0.2	9:17	0.2	7:05	6:17	
14	Mon	2:56	3.2	3:04	3.6	9:15	0.3	9:57	0.3	7:07	6:16	
15	Tue	3:41	3.1	3:44	3.4	9:49	0.5	10:36	0.5	7:08	6:14	
16	Wed	4:30	2.9	4:27	3.3	10:21	0.7	11:19	0.7	7:09	6:13	
17	Thu	5:22	2.8	5:15	3.1	10:56	0.8			7:10	6:11	
18	Fri	6:14	2.7	6:05	3.1	12:09	0.8	11:39 AM	1.0	7:11	6:10	
19	Sat	7:04	2.7	6:54	3.0	1:09	0.9	12:47	1.1	7:12	6:08	
20	Sun	7:53	2.7	7:45	3.0	2:10	0.9	2:06	1.1	7:13	6:07	
21	Mon	8:44	2.8	8:40	3.1	3:04	0.7	3:10	0.9	7:15	6:05	
22	Tue	9:36	3.0	9:40	3.2	3:52	0.6	4:06	0.7	7:16	6:04	
23	Wed	10:26	3.3	10:35	3.3	4:37	0.4	4:57	0.4	7:17	6:02	
24	Thu	11:10	3.6	11:24	3.4	5:20	0.2	5:46	0.2	7:18	6:01	
25	Fri	11:53	3.9			6:03	0.0	6:36	-0.1	7:19	5:59	
26	Sat	12:09	3.6	12:34	4.1	6:49	-0.1	7:26	-0.2	7:20	5:58	
27	Sun	12:55	3.6	1:18	4.3	7:36	-0.2	8:17	-0.3	7:22	5:57	
28	Mon	1:42	3.6	2:06	4.3	8:24	-0.2	9:07	-0.4	7:23	5:55	
29	Tue	2:34	3.5	2:59	4.2	9:13	-0.2	9:57	-0.3	7:24	5:54	
30	Wed	3:33	3.4	3:59	4.0	10:03	-0.1	10:50	-0.1	7:25	5:53	
31	Thu	4:39	3.3	5:04	3.8	10:58	0.1	11:49	0.0	7:26	5:51	