

































Poughkeepsie, NY - May 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:17	2.8	9:15	2.9	2:52	0.9	3:28	0.5	5:52	7:53	
2	Fri	9:16	2.8	10:06	3.1	3:49	0.7	4:14	0.4	5:50	7:54	
3	Sat	10:16	2.9	10:53	3.3	4:41	0.5	4:59	0.3	5:49	7:55	
4	Sun	11:08	3.0	11:35	3.6	5:30	0.2	5:42	0.1	5:48	7:56	
5	Mon	11:54	3.2			6:19	0.0	6:27	0.0	5:46	7:57	
6	Tue	12:16	3.9	12:39	3.3	7:08	-0.2	7:14	-0.1	5:45	7:58	
7	Wed	12:58	4.0	1:25	3.3	7:58	-0.4	8:02	-0.2	5:44	8:00	
8	Thu	1:42	4.1	2:14	3.3	8:46	-0.5	8:51	-0.2	5:43	8:01	
9	Fri	2:32	4.1	3:10	3.3	9:35	-0.5	9:40	-0.2	5:42	8:02	
10	Sat	3:27	4.0	4:11	3.3	10:25	-0.4	10:32	0.0	5:41	8:03	
11	Sun	4:29	3.8	5:15	3.3	11:18	-0.3	11:30	0.1	5:39	8:04	
12	Mon	5:32	3.7	6:17	3.3			12:16	-0.1	5:38	8:05	
13	Tue	6:33	3.5	7:15	3.3	12:38	0.3	1:19	0.0	5:37	8:06	
14	Wed	7:32	3.4	8:13	3.3	1:48	0.4	2:20	0.0	5:36	8:07	
15	Thu	8:31	3.2	9:12	3.4	2:55	0.3	3:18	0.0	5:35	8:08	
16	Fri	9:33	3.2	10:10	3.5	3:55	0.3	4:11	0.0	5:34	8:09	
17	Sat	10:32	3.1	11:02	3.6	4:50	0.2	5:00	0.0	5:33	8:10	
18	Sun	11:25	3.2	11:48	3.7	5:41	0.1	5:46	0.0	5:33	8:11	
19	Mon			12:12	3.2	6:29	0.0	6:30	0.1	5:32	8:12	
20	Tue	12:29	3.7	12:56	3.2	7:16	0.0	7:14	0.1	5:31	8:13	
21	Wed	1:08	3.7	1:39	3.1	8:00	-0.1	7:56	0.2	5:30	8:14	
22	Thu	1:46	3.7	2:22	3.1	8:42	0.0	8:37	0.3	5:29	8:15	
23	Fri	2:24	3.6	3:07	3.0	9:22	0.0	9:15	0.4	5:28	8:16	
24	Sat	3:02	3.4	3:54	2.9	10:01	0.1	9:52	0.5	5:28	8:17	
25	Sun	3:42	3.3	4:43	2.8	10:39	0.2	10:28	0.7	5:27	8:17	
26	Mon	4:23	3.1	5:30	2.8	11:17	0.4	11:06	0.8	5:26	8:18	
27	Tue	5:06	3.0	6:15	2.8	11:59	0.5	11:52	0.9	5:26	8:19	
28	Wed	5:50	2.9	6:57	2.9			12:47	0.6	5:25	8:20	
29	Thu	6:34	2.9	7:38	2.9	12:56	0.9	1:40	0.6	5:25	8:21	
30	Fri	7:22	2.8	8:22	3.1	2:07	0.9	2:33	0.5	5:24	8:22	
31	Sat	8:16	2.8	9:12	3.3	3:10	0.7	3:25	0.4	5:24	8:22	