

































Poughkeepsie, NY - Jul 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:50	2.9	10:28	3.8	4:34	0.3	4:34	0.2	5:25	8:34	
2	Wed	10:58	3.1	11:26	4.1	5:30	0.1	5:30	0.0	5:25	8:34	
3	Thu	11:57	3.3			6:25	-0.2	6:27	-0.1	5:26	8:33	
4	Fri	12:20	4.2	12:52	3.4	7:19	-0.4	7:25	-0.2	5:26	8:33	
5	Sat	1:13	4.3	1:47	3.6	8:11	-0.5	8:20	-0.3	5:27	8:33	
6	Sun	2:07	4.3	2:44	3.6	9:01	-0.6	9:14	-0.3	5:27	8:33	
7	Mon	3:02	4.2	3:43	3.7	9:50	-0.6	10:07	-0.2	5:28	8:32	
8	Tue	4:00	4.0	4:42	3.7	10:39	-0.5	11:01	0.0	5:29	8:32	
9	Wed	4:57	3.8	5:39	3.6	11:29	-0.3	11:59	0.2	5:29	8:32	
10	Thu	5:54	3.5	6:32	3.6			12:22	-0.1	5:30	8:31	
11	Fri	6:48	3.3	7:23	3.5	1:02	0.4	1:18	0.1	5:31	8:31	
12	Sat	7:40	3.1	8:15	3.5	2:06	0.5	2:15	0.3	5:32	8:30	
13	Sun	8:35	2.9	9:08	3.4	3:07	0.5	3:09	0.4	5:32	8:30	
14	Mon	9:34	2.8	10:04	3.4	4:03	0.5	4:00	0.5	5:33	8:29	
15	Tue	10:32	2.8	10:56	3.4	4:54	0.4	4:49	0.5	5:34	8:29	
16	Wed	11:24	2.9	11:42	3.5	5:41	0.4	5:35	0.5	5:35	8:28	
17	Thu			12:10	3.0	6:27	0.3	6:19	0.5	5:36	8:27	
18	Fri	12:23	3.6	12:53	3.0	7:10	0.2	7:04	0.4	5:37	8:27	
19	Sat	1:01	3.6	1:34	3.1	7:52	0.2	7:47	0.4	5:37	8:26	
20	Sun	1:37	3.6	2:15	3.1	8:31	0.1	8:28	0.4	5:38	8:25	
21	Mon	2:11	3.5	2:54	3.1	9:08	0.1	9:07	0.4	5:39	8:24	
22	Tue	2:43	3.4	3:32	3.1	9:42	0.1	9:43	0.5	5:40	8:23	
23	Wed	3:14	3.3	4:10	3.1	10:13	0.2	10:19	0.6	5:41	8:23	
24	Thu	3:48	3.2	4:47	3.2	10:43	0.3	10:56	0.6	5:42	8:22	
25	Fri	4:29	3.1	5:27	3.2	11:14	0.4	11:42	0.7	5:43	8:21	
26	Sat	5:17	3.0	6:10	3.3	11:52	0.4			5:44	8:20	
27	Sun	6:11	3.0	6:59	3.4	12:46	0.7	12:46	0.5	5:45	8:19	
28	Mon	7:09	2.9	7:54	3.6	2:01	0.7	1:58	0.5	5:46	8:18	
29	Tue	8:14	2.9	8:58	3.7	3:11	0.6	3:10	0.4	5:47	8:17	
30	Wed	9:28	3.0	10:07	3.8	4:13	0.4	4:14	0.3	5:48	8:16	
31	Thu	10:41	3.1	11:11	4.0	5:10	0.1	5:15	0.1	5:49	8:15	