


































Poughkeepsie, NY - Aug 2031

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 11:43 | 3.4 | | | 6:05 | -0.1 | 6:13 | -0.1 | 5:50 | 8:14 |  |
| 2 | Sat | 12:07 | 4.2 | 12:38 | 3.6 | 6:58 | -0.4 | 7:10 | -0.2 | 5:51 | 8:13 |  |
| 3 | Sun | 12:59 | 4.3 | 1:31 | 3.8 | 7:50 | -0.5 | 8:05 | -0.3 | 5:52 | 8:11 |  |
| 4 | Mon | 1:51 | 4.3 | 2:24 | 3.9 | 8:39 | -0.6 | 8:58 | -0.3 | 5:53 | 8:10 |  |
| 5 | Tue | 2:43 | 4.1 | 3:18 | 3.9 | 9:27 | -0.6 | 9:48 | -0.2 | 5:54 | 8:09 |  |
| 6 | Wed | 3:37 | 4.0 | 4:13 | 3.8 | 10:13 | -0.4 | 10:39 | 0.0 | 5:55 | 8:08 |  |
| 7 | Thu | 4:32 | 3.7 | 5:08 | 3.7 | 10:59 | -0.2 | 11:33 | 0.2 | 5:56 | 8:06 |  |
| 8 | Fri | 5:27 | 3.5 | 6:01 | 3.6 | 11:48 | 0.1 | | | 5:57 | 8:05 |  |
| 9 | Sat | 6:21 | 3.2 | 6:52 | 3.5 | 12:31 | 0.5 | 12:41 | 0.3 | 5:58 | 8:04 |  |
| 10 | Sun | 7:14 | 3.0 | 7:42 | 3.4 | 1:34 | 0.6 | 1:38 | 0.6 | 5:59 | 8:03 |  |
| 11 | Mon | 8:07 | 2.9 | 8:34 | 3.3 | 2:36 | 0.7 | 2:35 | 0.7 | 6:00 | 8:01 |  |
| 12 | Tue | 9:04 | 2.8 | 9:30 | 3.3 | 3:34 | 0.7 | 3:30 | 0.7 | 6:01 | 8:00 |  |
| 13 | Wed | 10:03 | 2.8 | 10:26 | 3.3 | 4:26 | 0.6 | 4:21 | 0.7 | 6:02 | 7:59 |  |
| 14 | Thu | 10:58 | 2.9 | 11:16 | 3.4 | 5:13 | 0.5 | 5:09 | 0.6 | 6:03 | 7:57 |  |
| 15 | Fri | 11:45 | 3.0 | 11:58 | 3.5 | 5:57 | 0.4 | 5:54 | 0.6 | 6:04 | 7:56 |  |
| 16 | Sat | | | 12:27 | 3.2 | 6:39 | 0.3 | 6:38 | 0.5 | 6:05 | 7:54 |  |
| 17 | Sun | 12:37 | 3.6 | 1:06 | 3.3 | 7:20 | 0.2 | 7:22 | 0.4 | 6:06 | 7:53 |  |
| 18 | Mon | 1:11 | 3.6 | 1:43 | 3.3 | 7:59 | 0.2 | 8:03 | 0.4 | 6:07 | 7:51 |  |
| 19 | Tue | 1:44 | 3.6 | 2:18 | 3.4 | 8:35 | 0.1 | 8:43 | 0.4 | 6:08 | 7:50 |  |
| 20 | Wed | 2:14 | 3.5 | 2:51 | 3.4 | 9:09 | 0.1 | 9:21 | 0.4 | 6:09 | 7:48 |  |
| 21 | Thu | 2:44 | 3.4 | 3:23 | 3.4 | 9:41 | 0.2 | 9:58 | 0.4 | 6:10 | 7:47 |  |
| 22 | Fri | 3:19 | 3.3 | 4:00 | 3.4 | 10:12 | 0.3 | 10:37 | 0.5 | 6:11 | 7:45 |  |
| 23 | Sat | 4:02 | 3.2 | 4:45 | 3.5 | 10:44 | 0.3 | 11:23 | 0.6 | 6:12 | 7:44 |  |
| 24 | Sun | 4:54 | 3.1 | 5:37 | 3.5 | 11:23 | 0.4 | | | 6:13 | 7:42 |  |
| 25 | Mon | 5:54 | 3.0 | 6:34 | 3.6 | 12:25 | 0.7 | 12:19 | 0.5 | 6:14 | 7:41 |  |
| 26 | Tue | 6:57 | 3.0 | 7:35 | 3.6 | 1:40 | 0.7 | 1:38 | 0.6 | 6:15 | 7:39 |  |
| 27 | Wed | 8:04 | 3.0 | 8:42 | 3.7 | 2:51 | 0.6 | 2:56 | 0.5 | 6:16 | 7:37 |  |
| 28 | Thu | 9:18 | 3.1 | 9:53 | 3.8 | 3:54 | 0.4 | 4:03 | 0.3 | 6:17 | 7:36 |  |
| 29 | Fri | 10:29 | 3.3 | 10:57 | 4.0 | 4:51 | 0.1 | 5:03 | 0.1 | 6:18 | 7:34 |  |
| 30 | Sat | 11:30 | 3.6 | 11:53 | 4.1 | 5:45 | -0.1 | 6:00 | -0.1 | 6:19 | 7:33 |  |
| 31 | Sun | | | 12:23 | 3.8 | 6:36 | -0.3 | 6:55 | -0.2 | 6:20 | 7:31 |  |