

































Poughkeepsie, NY - Jan 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:48	2.7	2:41	3.0	8:53	0.2	9:31	0.0	7:22	4:35	
2	Fri	3:32	2.7	3:16	2.9	9:27	0.3	10:04	0.1	7:22	4:36	
3	Sat	4:14	2.6	3:53	2.7	10:03	0.4	10:37	0.2	7:22	4:37	
4	Sun	4:54	2.6	4:35	2.6	10:46	0.5	11:16	0.3	7:22	4:38	
5	Mon	5:33	2.7	5:22	2.6	11:48	0.6			7:22	4:39	
6	Tue	6:15	2.8	6:14	2.5	12:10	0.3	1:04	0.5	7:22	4:40	
7	Wed	7:04	2.9	7:14	2.5	1:15	0.3	2:12	0.4	7:22	4:41	
8	Thu	8:03	3.0	8:26	2.5	2:18	0.2	3:13	0.2	7:22	4:42	
9	Fri	9:08	3.3	9:36	2.7	3:16	0.0	4:08	-0.1	7:22	4:43	
10	Sat	10:07	3.5	10:35	2.9	4:11	-0.2	5:01	-0.4	7:22	4:44	
11	Sun	11:00	3.8	11:27	3.1	5:06	-0.4	5:54	-0.6	7:21	4:45	
12	Mon	11:51	3.9			6:01	-0.6	6:45	-0.8	7:21	4:46	
13	Tue	12:19	3.3	12:41	4.0	6:55	-0.7	7:35	-0.9	7:21	4:47	
14	Wed	1:11	3.4	1:34	3.9	7:47	-0.8	8:23	-1.0	7:20	4:48	
15	Thu	2:06	3.4	2:28	3.8	8:39	-0.7	9:11	-0.9	7:20	4:49	
16	Fri	3:03	3.4	3:25	3.6	9:30	-0.6	9:59	-0.8	7:19	4:50	
17	Sat	4:01	3.4	4:22	3.3	10:26	-0.4	10:51	-0.5	7:19	4:52	
18	Sun	4:58	3.3	5:19	3.1	11:27	-0.1	11:48	-0.3	7:18	4:53	
19	Mon	5:53	3.2	6:14	2.9			12:32	0.1	7:18	4:54	
20	Tue	6:47	3.1	7:11	2.7	12:48	-0.1	1:38	0.1	7:17	4:55	
21	Wed	7:44	3.0	8:11	2.6	1:48	0.0	2:39	0.1	7:17	4:56	
22	Thu	8:45	2.9	9:13	2.5	2:44	0.1	3:34	0.1	7:16	4:58	
23	Fri	9:42	3.0	10:09	2.6	3:36	0.1	4:25	0.0	7:15	4:59	
24	Sat	10:32	3.1	10:57	2.7	4:25	0.1	5:11	-0.1	7:14	5:00	
25	Sun	11:15	3.2	11:40	2.8	5:10	0.0	5:55	-0.2	7:14	5:01	
26	Mon	11:54	3.2			5:55	-0.1	6:37	-0.2	7:13	5:03	
27	Tue	12:20	2.9	12:31	3.2	6:37	-0.1	7:16	-0.3	7:12	5:04	
28	Wed	12:59	2.9	1:06	3.2	7:18	-0.1	7:53	-0.3	7:11	5:05	
29	Thu	1:37	2.9	1:40	3.1	7:56	-0.1	8:27	-0.3	7:10	5:06	
30	Fri	2:14	2.9	2:10	3.0	8:31	0.0	8:59	-0.2	7:09	5:08	
31	Sat	2:50	2.8	2:40	2.9	9:05	0.0	9:28	-0.1	7:08	5:09	