

































Poughkeepsie, NY - Mar 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:38	3.1	2:46	2.8	9:19	0.0	9:25	0.0	6:29	5:46	
2	Tue	3:14	3.1	3:29	2.7	9:56	0.1	9:57	0.1	6:27	5:47	
3	Wed	3:59	3.1	4:21	2.7	10:43	0.2	10:40	0.2	6:25	5:49	
4	Thu	4:53	3.1	5:21	2.6	11:51	0.3	11:47	0.3	6:24	5:50	
5	Fri	5:53	3.1	6:25	2.6			1:10	0.3	6:22	5:51	
6	Sat	7:00	3.1	7:38	2.7	1:18	0.3	2:20	0.2	6:20	5:52	
7	Sun	8:14	3.2	8:54	2.9	2:33	0.1	3:21	-0.1	6:19	5:53	
8	Mon	9:27	3.4	10:00	3.1	3:37	-0.1	4:17	-0.3	6:17	5:54	
9	Tue	10:28	3.6	10:56	3.5	4:36	-0.4	5:09	-0.6	6:16	5:56	
10	Wed	11:21	3.8	11:46	3.7	5:31	-0.6	6:00	-0.8	6:14	5:57	
11	Thu			12:11	3.8	6:25	-0.7	6:49	-0.9	6:12	5:58	
12	Fri	12:35	3.8	1:00	3.8	7:17	-0.8	7:37	-0.9	6:11	5:59	
13	Sat	1:23	3.8	1:50	3.7	8:06	-0.8	8:22	-0.7	6:09	6:00	
14	Sun	3:13	3.8	3:42	3.5	9:54	-0.6	10:07	-0.5	7:07	7:01	
15	Mon	4:04	3.6	4:35	3.2	10:42	-0.4	10:52	-0.2	7:05	7:02	
16	Tue	4:56	3.4	5:30	3.0	11:33	-0.1	11:40	0.1	7:04	7:03	
17	Wed	5:49	3.2	6:25	2.8			12:30	0.1	7:02	7:05	
18	Thu	6:42	3.0	7:18	2.7	12:35	0.4	1:32	0.3	7:00	7:06	
19	Fri	7:35	2.8	8:13	2.6	1:38	0.6	2:35	0.4	6:59	7:07	
20	Sat	8:32	2.7	9:11	2.6	2:41	0.6	3:32	0.4	6:57	7:08	
21	Sun	9:33	2.7	10:10	2.7	3:39	0.6	4:22	0.4	6:55	7:09	
22	Mon	10:31	2.8	11:01	2.8	4:31	0.5	5:08	0.3	6:54	7:10	
23	Tue	11:20	2.9	11:46	3.0	5:19	0.3	5:50	0.2	6:52	7:11	
24	Wed			12:02	3.0	6:03	0.2	6:30	0.0	6:50	7:12	
25	Thu	12:25	3.2	12:39	3.1	6:47	0.0	7:10	0.0	6:48	7:13	
26	Fri	1:00	3.3	1:13	3.1	7:29	-0.1	7:48	-0.1	6:47	7:15	
27	Sat	1:33	3.4	1:46	3.1	8:09	-0.1	8:24	-0.1	6:45	7:16	
28	Sun	2:03	3.4	2:17	3.1	8:48	-0.2	8:58	-0.1	6:43	7:17	
29	Mon	2:33	3.4	2:50	3.0	9:26	-0.2	9:31	0.0	6:42	7:18	
30	Tue	3:06	3.4	3:29	2.9	10:04	-0.1	10:04	0.1	6:40	7:19	
31	Wed	3:46	3.4	4:17	2.9	10:45	0.0	10:41	0.2	6:38	7:20	