

































## Poughkeepsie, NY - Jul 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:02	3.2	8:40	3.6	2:31	0.3	2:43	0.1	5:25	8:34	
2	Fri	9:03	3.1	9:39	3.6	3:33	0.3	3:39	0.1	5:25	8:33	
3	Sat	10:05	3.0	10:36	3.6	4:30	0.2	4:32	0.2	5:26	8:33	
4	Sun	11:04	3.1	11:27	3.7	5:23	0.2	5:22	0.2	5:27	8:33	
5	Mon	11:55	3.1			6:13	0.1	6:11	0.2	5:27	8:33	
6	Tue	12:13	3.7	12:42	3.1	7:00	0.0	6:58	0.3	5:28	8:32	
7	Wed	12:55	3.7	1:27	3.2	7:46	0.0	7:43	0.3	5:29	8:32	
8	Thu	1:35	3.7	2:10	3.2	8:28	0.0	8:26	0.3	5:29	8:32	
9	Fri	2:15	3.6	2:54	3.2	9:08	0.0	9:07	0.4	5:30	8:31	
10	Sat	2:54	3.5	3:39	3.1	9:45	0.1	9:46	0.5	5:31	8:31	
11	Sun	3:34	3.3	4:24	3.1	10:21	0.2	10:23	0.6	5:31	8:30	
12	Mon	4:14	3.2	5:08	3.1	10:55	0.3	11:01	0.7	5:32	8:30	
13	Tue	4:53	3.0	5:50	3.1	11:28	0.4	11:44	0.8	5:33	8:29	
14	Wed	5:33	2.9	6:29	3.1			12:04	0.5	5:34	8:29	
15	Thu	6:15	2.8	7:06	3.1	12:39	0.9	12:48	0.6	5:35	8:28	
16	Fri	6:59	2.8	7:47	3.2	1:45	0.9	1:45	0.7	5:35	8:27	
17	Sat	7:51	2.7	8:37	3.3	2:50	0.8	2:46	0.6	5:36	8:27	
18	Sun	8:54	2.7	9:36	3.5	3:49	0.6	3:45	0.5	5:37	8:26	
19	Mon	10:04	2.8	10:36	3.7	4:44	0.4	4:41	0.4	5:38	8:25	
20	Tue	11:07	3.0	11:31	4.0	5:36	0.2	5:36	0.2	5:39	8:24	
21	Wed			12:01	3.3	6:28	-0.1	6:31	0.0	5:40	8:24	
22	Thu	12:22	4.1	12:52	3.5	7:19	-0.3	7:27	-0.1	5:41	8:23	
23	Fri	1:12	4.2	1:44	3.6	8:09	-0.5	8:21	-0.3	5:42	8:22	
24	Sat	2:03	4.2	2:38	3.7	8:58	-0.6	9:13	-0.3	5:43	8:21	
25	Sun	2:57	4.1	3:35	3.8	9:45	-0.6	10:05	-0.2	5:44	8:20	
26	Mon	3:54	4.0	4:33	3.8	10:33	-0.5	11:00	-0.1	5:44	8:19	
27	Tue	4:52	3.8	5:31	3.8	11:23	-0.3	11:59	0.1	5:45	8:18	
28	Wed	5:51	3.6	6:27	3.7			12:18	-0.1	5:46	8:17	
29	Thu	6:47	3.4	7:21	3.7	1:03	0.3	1:17	0.1	5:47	8:16	
30	Fri	7:43	3.2	8:16	3.6	2:09	0.4	2:17	0.3	5:48	8:15	
31	Sat	8:42	3.0	9:14	3.5	3:12	0.4	3:16	0.4	5:49	8:14	