



Poughkeepsie, NY - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:46	4.0	3:25	3.5	9:39	-0.6	9:45	-0.2	5:51	7:54	☀
2	Mon	3:39	3.8	4:22	3.3	10:28	-0.4	10:33	0.0	5:50	7:55	🌙
3	Tue	4:35	3.6	5:20	3.2	11:19	-0.1	11:24	0.3	5:48	7:56	🌙
4	Wed	5:31	3.4	6:15	3.1			12:13	0.1	5:47	7:57	🌙
5	Thu	6:25	3.2	7:08	3.0	12:22	0.6	1:12	0.3	5:46	7:58	🌙
6	Fri	7:17	3.0	7:59	3.0	1:25	0.7	2:10	0.4	5:45	7:59	🌙
7	Sat	8:10	2.9	8:52	3.0	2:27	0.8	3:03	0.4	5:43	8:00	🌙
8	Sun	9:05	2.8	9:45	3.1	3:25	0.7	3:52	0.4	5:42	8:01	🌙
9	Mon	10:02	2.8	10:35	3.2	4:16	0.6	4:37	0.4	5:41	8:02	🌙
10	Tue	10:53	2.9	11:20	3.4	5:04	0.5	5:18	0.3	5:40	8:03	☀
11	Wed	11:39	2.9			5:48	0.3	5:59	0.3	5:39	8:04	☀
12	Thu	12:00	3.5	12:19	3.0	6:32	0.2	6:39	0.2	5:38	8:05	☀
13	Fri	12:36	3.6	12:57	3.0	7:15	0.1	7:19	0.2	5:37	8:06	☀
14	Sat	1:09	3.6	1:33	3.0	7:57	0.0	7:59	0.2	5:36	8:07	☀
15	Sun	1:41	3.6	2:08	3.0	8:38	0.0	8:37	0.2	5:35	8:08	☀
16	Mon	2:12	3.6	2:46	3.0	9:18	-0.1	9:15	0.3	5:34	8:09	☀
17	Tue	2:47	3.6	3:28	2.9	9:57	0.0	9:52	0.3	5:33	8:10	☀
18	Wed	3:30	3.5	4:18	2.9	10:38	0.0	10:34	0.4	5:32	8:11	☀
19	Thu	4:21	3.5	5:14	3.0	11:23	0.1	11:24	0.5	5:31	8:12	☀
20	Fri	5:20	3.4	6:11	3.1			12:18	0.1	5:30	8:13	☀
21	Sat	6:21	3.4	7:07	3.2	12:33	0.5	1:20	0.2	5:30	8:14	☀
22	Sun	7:22	3.3	8:05	3.4	1:51	0.5	2:23	0.1	5:29	8:15	🌙
23	Mon	8:25	3.3	9:07	3.5	3:01	0.4	3:22	0.0	5:28	8:16	🌙
24	Tue	9:32	3.3	10:10	3.7	4:03	0.2	4:18	-0.1	5:27	8:17	🌙
25	Wed	10:37	3.4	11:07	3.9	5:01	0.0	5:11	-0.2	5:27	8:18	🌙
26	Thu	11:36	3.5			5:56	-0.2	6:03	-0.3	5:26	8:19	🌙
27	Fri	12:00	4.1	12:29	3.5	6:50	-0.4	6:55	-0.3	5:25	8:20	🌙
28	Sat	12:49	4.2	1:21	3.5	7:42	-0.5	7:47	-0.3	5:25	8:20	☀
29	Sun	1:37	4.1	2:13	3.5	8:33	-0.5	8:36	-0.2	5:24	8:21	☀
30	Mon	2:26	4.0	3:06	3.4	9:21	-0.4	9:24	0.0	5:24	8:22	☀
31	Tue	3:16	3.8	4:01	3.3	10:07	-0.3	10:10	0.2	5:23	8:23	☀