


































Poughkeepsie, NY - Jan 2024

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 9:21 | 3.5 | 9:51 | 3.0 | 3:25 | -0.3 | 4:13 | -0.3 | 7:22 | 4:36 |  |
| 2 | Mon | 10:20 | 3.6 | 10:49 | 3.1 | 4:20 | -0.4 | 5:08 | -0.5 | 7:22 | 4:36 |  |
| 3 | Tue | 11:12 | 3.7 | 11:41 | 3.2 | 5:13 | -0.5 | 6:01 | -0.6 | 7:22 | 4:37 |  |
| 4 | Wed | | | 12:00 | 3.8 | 6:05 | -0.5 | 6:51 | -0.7 | 7:22 | 4:38 |  |
| 5 | Thu | 12:31 | 3.2 | 12:48 | 3.7 | 6:56 | -0.5 | 7:39 | -0.7 | 7:22 | 4:39 |  |
| 6 | Fri | 1:20 | 3.2 | 1:34 | 3.6 | 7:44 | -0.4 | 8:24 | -0.6 | 7:22 | 4:40 |  |
| 7 | Sat | 2:10 | 3.1 | 2:22 | 3.4 | 8:29 | -0.3 | 9:07 | -0.5 | 7:22 | 4:41 |  |
| 8 | Sun | 3:00 | 3.0 | 3:10 | 3.2 | 9:12 | -0.1 | 9:50 | -0.3 | 7:22 | 4:42 |  |
| 9 | Mon | 3:51 | 2.9 | 3:59 | 3.0 | 9:57 | 0.1 | 10:33 | -0.1 | 7:22 | 4:43 |  |
| 10 | Tue | 4:40 | 2.8 | 4:48 | 2.8 | 10:44 | 0.3 | 11:19 | 0.1 | 7:21 | 4:44 |  |
| 11 | Wed | 5:27 | 2.8 | 5:35 | 2.6 | 11:39 | 0.5 | | | 7:21 | 4:45 |  |
| 12 | Thu | 6:13 | 2.7 | 6:21 | 2.5 | 12:10 | 0.3 | 12:40 | 0.6 | 7:21 | 4:46 |  |
| 13 | Fri | 7:00 | 2.7 | 7:11 | 2.4 | 1:03 | 0.4 | 1:41 | 0.6 | 7:20 | 4:48 |  |
| 14 | Sat | 7:51 | 2.7 | 8:08 | 2.3 | 1:56 | 0.4 | 2:38 | 0.5 | 7:20 | 4:49 |  |
| 15 | Sun | 8:46 | 2.8 | 9:09 | 2.3 | 2:47 | 0.3 | 3:29 | 0.3 | 7:20 | 4:50 |  |
| 16 | Mon | 9:38 | 2.9 | 10:02 | 2.4 | 3:35 | 0.2 | 4:17 | 0.2 | 7:19 | 4:51 |  |
| 17 | Tue | 10:24 | 3.1 | 10:48 | 2.6 | 4:21 | 0.1 | 5:03 | 0.0 | 7:19 | 4:52 |  |
| 18 | Wed | 11:05 | 3.3 | 11:29 | 2.7 | 5:06 | 0.0 | 5:49 | -0.2 | 7:18 | 4:53 |  |
| 19 | Thu | 11:43 | 3.4 | | | 5:51 | -0.1 | 6:33 | -0.4 | 7:17 | 4:55 |  |
| 20 | Fri | 12:07 | 2.8 | 12:21 | 3.5 | 6:36 | -0.3 | 7:16 | -0.5 | 7:17 | 4:56 |  |
| 21 | Sat | 12:46 | 2.9 | 1:00 | 3.6 | 7:21 | -0.4 | 7:58 | -0.6 | 7:16 | 4:57 |  |
| 22 | Sun | 1:26 | 3.0 | 1:43 | 3.5 | 8:05 | -0.4 | 8:38 | -0.6 | 7:15 | 4:58 |  |
| 23 | Mon | 2:11 | 3.1 | 2:30 | 3.5 | 8:49 | -0.4 | 9:20 | -0.6 | 7:15 | 4:59 |  |
| 24 | Tue | 3:02 | 3.1 | 3:23 | 3.3 | 9:37 | -0.3 | 10:04 | -0.5 | 7:14 | 5:01 |  |
| 25 | Wed | 3:57 | 3.2 | 4:20 | 3.2 | 10:30 | -0.2 | 10:55 | -0.4 | 7:13 | 5:02 |  |
| 26 | Thu | 4:55 | 3.2 | 5:19 | 3.0 | 11:35 | 0.0 | 11:56 | -0.3 | 7:12 | 5:03 |  |
| 27 | Fri | 5:53 | 3.2 | 6:19 | 2.9 | | | 12:47 | 0.0 | 7:12 | 5:04 |  |
| 28 | Sat | 6:53 | 3.2 | 7:22 | 2.8 | 1:02 | -0.2 | 1:56 | 0.0 | 7:11 | 5:06 |  |
| 29 | Sun | 7:58 | 3.2 | 8:32 | 2.8 | 2:07 | -0.2 | 3:00 | -0.1 | 7:10 | 5:07 |  |
| 30 | Mon | 9:06 | 3.2 | 9:39 | 2.8 | 3:08 | -0.2 | 3:58 | -0.2 | 7:09 | 5:08 |  |
| 31 | Tue | 10:07 | 3.4 | 10:37 | 3.0 | 4:05 | -0.3 | 4:52 | -0.4 | 7:08 | 5:10 |  |