
































## Poughkeepsie, NY - Mar 2034

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:52	3.2	10:22	3.0	3:50	-0.1	4:33	-0.2	6:29	5:46	
2	Thu	10:45	3.3	11:11	3.1	4:43	-0.2	5:22	-0.3	6:28	5:47	
3	Fri	11:30	3.4	11:55	3.2	5:32	-0.2	6:07	-0.4	6:26	5:48	
4	Sat			12:12	3.4	6:19	-0.3	6:50	-0.4	6:25	5:49	
5	Sun	12:36	3.3	12:52	3.3	7:03	-0.3	7:30	-0.4	6:23	5:50	
6	Mon	1:16	3.3	1:31	3.2	7:44	-0.3	8:08	-0.3	6:21	5:52	
7	Tue	1:55	3.2	2:10	3.1	8:23	-0.2	8:42	-0.2	6:20	5:53	
8	Wed	2:34	3.2	2:49	2.9	9:00	-0.1	9:14	0.0	6:18	5:54	
9	Thu	3:13	3.1	3:30	2.8	9:36	0.1	9:45	0.2	6:16	5:55	
10	Fri	3:53	2.9	4:12	2.6	10:13	0.3	10:13	0.4	6:15	5:56	
11	Sat	4:33	2.8	4:56	2.5	10:56	0.4	10:47	0.5	6:13	5:57	
12	Sun	6:15	2.8	6:41	2.4			12:55	0.6	7:11	6:58	
13	Mon	7:00	2.7	7:31	2.4	12:43	0.6	2:05	0.6	7:10	7:00	
14	Tue	7:52	2.7	8:30	2.4	2:08	0.7	3:09	0.5	7:08	7:01	
15	Wed	8:55	2.8	9:38	2.5	3:18	0.6	4:05	0.3	7:06	7:02	
16	Thu	10:02	3.0	10:38	2.8	4:17	0.4	4:56	0.1	7:05	7:03	
17	Fri	11:00	3.2	11:28	3.1	5:10	0.1	5:44	-0.1	7:03	7:04	
18	Sat	11:50	3.5			6:02	-0.1	6:32	-0.4	7:01	7:05	
19	Sun	12:13	3.4	12:36	3.6	6:53	-0.4	7:18	-0.6	7:00	7:06	
20	Mon	12:57	3.6	1:22	3.7	7:43	-0.6	8:05	-0.7	6:58	7:07	
21	Tue	1:42	3.8	2:10	3.7	8:33	-0.7	8:51	-0.8	6:56	7:09	
22	Wed	2:30	3.9	3:01	3.6	9:22	-0.7	9:37	-0.7	6:54	7:10	
23	Thu	3:21	3.9	3:57	3.5	10:12	-0.6	10:24	-0.6	6:53	7:11	
24	Fri	4:18	3.7	4:56	3.3	11:05	-0.5	11:15	-0.3	6:51	7:12	
25	Sat	5:18	3.6	5:58	3.2			12:04	-0.2	6:49	7:13	
26	Sun	6:19	3.4	6:58	3.0	12:15	-0.1	1:10	0.0	6:48	7:14	
27	Mon	7:19	3.3	7:59	2.9	1:22	0.2	2:17	0.1	6:46	7:15	
28	Tue	8:21	3.1	9:02	2.9	2:31	0.3	3:20	0.1	6:44	7:16	
29	Wed	9:27	3.1	10:05	3.0	3:35	0.3	4:17	0.0	6:42	7:17	
30	Thu	10:30	3.1	11:01	3.1	4:32	0.2	5:08	0.0	6:41	7:18	
31	Fri	11:23	3.2	11:48	3.3	5:24	0.1	5:54	-0.1	6:39	7:20	