
































## Poughkeepsie, NY - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:55	3.7	1:24	3.0	7:45	0.1	7:44	0.4	5:25	8:34	
2	Sun	1:29	3.7	2:02	3.0	8:26	0.0	8:25	0.4	5:25	8:34	
3	Mon	2:04	3.7	2:40	3.0	9:06	0.0	9:06	0.4	5:26	8:33	
4	Tue	2:40	3.6	3:21	3.1	9:44	0.0	9:45	0.4	5:26	8:33	
5	Wed	3:20	3.6	4:06	3.1	10:22	0.0	10:27	0.4	5:27	8:33	
6	Thu	4:08	3.5	4:55	3.2	11:02	0.0	11:15	0.5	5:28	8:33	
7	Fri	5:02	3.4	5:47	3.3	11:47	0.1			5:28	8:32	
8	Sat	5:58	3.3	6:40	3.4	12:16	0.5	12:41	0.1	5:29	8:32	
9	Sun	6:56	3.3	7:34	3.6	1:28	0.5	1:43	0.1	5:30	8:31	
10	Mon	7:56	3.2	8:33	3.7	2:38	0.4	2:46	0.1	5:30	8:31	
11	Tue	9:02	3.2	9:38	3.8	3:42	0.3	3:47	0.0	5:31	8:31	
12	Wed	10:11	3.2	10:41	3.9	4:42	0.1	4:44	-0.1	5:32	8:30	
13	Thu	11:15	3.3	11:39	4.1	5:38	-0.1	5:40	-0.1	5:33	8:30	
14	Fri			12:12	3.5	6:32	-0.2	6:35	-0.2	5:33	8:29	
15	Sat	12:31	4.1	1:05	3.5	7:25	-0.4	7:30	-0.2	5:34	8:28	
16	Sun	1:21	4.1	1:57	3.6	8:16	-0.4	8:21	-0.1	5:35	8:28	
17	Mon	2:11	4.0	2:49	3.6	9:03	-0.4	9:10	0.0	5:36	8:27	
18	Tue	3:01	3.9	3:42	3.5	9:49	-0.3	9:57	0.1	5:37	8:26	
19	Wed	3:51	3.7	4:34	3.4	10:33	-0.2	10:44	0.3	5:38	8:26	
20	Thu	4:43	3.5	5:25	3.4	11:17	0.1	11:33	0.5	5:38	8:25	
21	Fri	5:33	3.3	6:13	3.3			12:03	0.3	5:39	8:24	
22	Sat	6:22	3.1	6:59	3.3	12:27	0.7	12:52	0.5	5:40	8:23	
23	Sun	7:09	2.9	7:45	3.2	1:26	0.8	1:44	0.6	5:41	8:22	
24	Mon	7:57	2.8	8:33	3.2	2:25	0.9	2:36	0.7	5:42	8:21	
25	Tue	8:50	2.7	9:25	3.2	3:21	0.8	3:26	0.7	5:43	8:21	
26	Wed	9:48	2.7	10:18	3.3	4:13	0.7	4:15	0.7	5:44	8:20	
27	Thu	10:45	2.7	11:06	3.4	5:01	0.6	5:01	0.6	5:45	8:19	
28	Fri	11:33	2.9	11:49	3.6	5:46	0.4	5:47	0.5	5:46	8:18	
29	Sat			12:16	3.0	6:31	0.3	6:32	0.4	5:47	8:17	
30	Sun	12:27	3.7	12:55	3.1	7:15	0.1	7:17	0.3	5:48	8:16	
31	Mon	1:04	3.8	1:33	3.2	7:58	0.0	8:02	0.2	5:49	8:14	