

































Poughkeepsie, NY - Dec 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:56	3.2	5:11	3.4	11:06	0.2	11:54	-0.1	7:03	4:26	
2	Sat	5:53	3.2	6:07	3.2			12:12	0.4	7:04	4:25	
3	Sun	6:47	3.1	7:01	3.0	12:55	0.1	1:17	0.4	7:05	4:25	
4	Mon	7:41	3.1	7:58	2.9	1:51	0.1	2:18	0.4	7:06	4:25	
5	Tue	8:36	3.1	8:55	2.8	2:43	0.1	3:12	0.4	7:07	4:25	
6	Wed	9:28	3.2	9:48	2.8	3:30	0.1	4:01	0.3	7:08	4:25	
7	Thu	10:15	3.3	10:35	2.8	4:14	0.1	4:47	0.2	7:09	4:25	
8	Fri	10:57	3.4	11:17	2.9	4:55	0.1	5:31	0.1	7:10	4:25	
9	Sat	11:35	3.5	11:56	2.9	5:36	0.1	6:14	0.0	7:11	4:25	
10	Sun			12:11	3.5	6:17	0.1	6:55	-0.1	7:11	4:25	
11	Mon	12:35	2.9	12:46	3.5	6:57	0.1	7:35	-0.1	7:12	4:25	
12	Tue	1:12	2.8	1:20	3.4	7:35	0.1	8:13	-0.1	7:13	4:25	
13	Wed	1:50	2.7	1:52	3.3	8:11	0.2	8:50	-0.1	7:14	4:25	
14	Thu	2:27	2.7	2:25	3.2	8:45	0.3	9:25	0.0	7:15	4:25	
15	Fri	3:07	2.6	3:04	3.1	9:18	0.3	10:02	0.1	7:15	4:26	
16	Sat	3:51	2.6	3:51	3.0	9:56	0.4	10:44	0.1	7:16	4:26	
17	Sun	4:39	2.7	4:45	3.0	10:47	0.5	11:36	0.1	7:17	4:26	
18	Mon	5:29	2.8	5:41	2.9			12:02	0.5	7:17	4:27	
19	Tue	6:22	3.0	6:40	2.9	12:38	0.1	1:21	0.4	7:18	4:27	
20	Wed	7:19	3.1	7:45	2.9	1:41	0.0	2:29	0.2	7:18	4:27	
21	Thu	8:23	3.3	8:55	3.0	2:40	-0.1	3:29	0.0	7:19	4:28	
22	Fri	9:28	3.6	9:59	3.1	3:36	-0.3	4:26	-0.3	7:19	4:28	
23	Sat	10:26	3.8	10:57	3.3	4:31	-0.5	5:21	-0.5	7:20	4:29	
24	Sun	11:19	4.0	11:50	3.4	5:25	-0.6	6:15	-0.7	7:20	4:30	
25	Mon			12:10	4.0	6:20	-0.7	7:08	-0.8	7:21	4:30	
26	Tue	12:44	3.4	1:02	4.0	7:13	-0.7	7:58	-0.9	7:21	4:31	
27	Wed	1:38	3.4	1:55	3.9	8:04	-0.6	8:47	-0.8	7:21	4:32	
28	Thu	2:35	3.3	2:50	3.7	8:54	-0.5	9:36	-0.6	7:22	4:32	
29	Fri	3:32	3.2	3:47	3.4	9:45	-0.3	10:26	-0.4	7:22	4:33	
30	Sat	4:29	3.1	4:42	3.2	10:39	0.0	11:19	-0.2	7:22	4:34	
31	Sun	5:23	3.0	5:35	3.0	11:38	0.2			7:22	4:35	