



























## Poughkeepsie, NY - Mar 2036

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:10	3.1	2:30	3.1	8:56	-0.1	9:09	-0.2	6:29	5:46	
2	Sun	2:45	3.1	3:11	3.0	9:33	0.0	9:42	-0.1	6:27	5:47	
3	Mon	3:27	3.1	4:01	2.8	10:16	0.1	10:21	0.0	6:25	5:49	
4	Tue	4:18	3.1	4:58	2.8	11:14	0.2	11:15	0.1	6:24	5:50	
5	Wed	5:16	3.1	5:59	2.7			12:32	0.3	6:22	5:51	
6	Thu	6:19	3.1	7:05	2.7	12:31	0.2	1:47	0.2	6:20	5:52	
7	Fri	7:29	3.2	8:19	2.8	1:50	0.1	2:53	0.0	6:19	5:53	
8	Sat	8:46	3.3	9:31	3.0	2:59	0.0	3:52	-0.2	6:17	5:54	
9	Sun	10:55	3.5	11:31	3.2	5:01	-0.2	5:46	-0.4	7:15	6:56	
10	Mon	11:53	3.6			5:58	-0.4	6:38	-0.6	7:14	6:57	
11	Tue	12:24	3.5	12:44	3.8	6:52	-0.6	7:28	-0.7	7:12	6:58	
12	Wed	1:13	3.7	1:33	3.8	7:45	-0.7	8:16	-0.8	7:10	6:59	
13	Thu	2:01	3.7	2:21	3.7	8:34	-0.7	9:01	-0.7	7:09	7:00	
14	Fri	2:49	3.7	3:09	3.5	9:22	-0.6	9:45	-0.6	7:07	7:01	
15	Sat	3:37	3.6	3:59	3.3	10:07	-0.5	10:27	-0.3	7:05	7:02	
16	Sun	4:26	3.4	4:51	3.1	10:53	-0.2	11:11	0.0	7:04	7:03	
17	Mon	5:16	3.3	5:43	2.9	11:43	0.1	11:58	0.3	7:02	7:05	
18	Tue	6:06	3.1	6:35	2.7			12:39	0.3	7:00	7:06	
19	Wed	6:56	2.9	7:27	2.5	12:52	0.5	1:40	0.5	6:59	7:07	
20	Thu	7:47	2.8	8:22	2.4	1:54	0.7	2:42	0.5	6:57	7:08	
21	Fri	8:44	2.8	9:22	2.5	2:56	0.7	3:38	0.5	6:55	7:09	
22	Sat	9:45	2.8	10:21	2.6	3:52	0.6	4:28	0.4	6:54	7:10	
23	Sun	10:41	2.9	11:11	2.7	4:43	0.5	5:14	0.3	6:52	7:11	
24	Mon	11:29	3.0	11:54	2.9	5:30	0.4	5:57	0.1	6:50	7:12	
25	Tue			12:10	3.1	6:14	0.2	6:38	0.0	6:48	7:13	
26	Wed	12:31	3.1	12:47	3.2	6:58	0.0	7:18	-0.1	6:47	7:15	
27	Thu	1:05	3.2	1:22	3.3	7:40	-0.1	7:57	-0.2	6:45	7:16	
28	Fri	1:36	3.3	1:56	3.3	8:21	-0.2	8:34	-0.2	6:43	7:17	
29	Sat	2:06	3.4	2:32	3.2	9:01	-0.2	9:09	-0.2	6:42	7:18	
30	Sun	2:39	3.5	3:11	3.2	9:41	-0.2	9:45	-0.2	6:40	7:19	
31	Mon	3:18	3.5	3:58	3.1	10:22	-0.1	10:23	-0.1	6:38	7:20	