

































Poughkeepsie, NY - Mar 2038

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:16	3.1	9:50	2.7	3:18	0.1	4:00	0.0	6:29	5:46	
2	Tue	10:14	3.2	10:43	2.8	4:13	0.1	4:51	-0.1	6:28	5:47	
3	Wed	11:03	3.3	11:29	2.9	5:03	0.0	5:37	-0.2	6:26	5:48	
4	Thu	11:46	3.3			5:50	-0.1	6:21	-0.3	6:24	5:49	
5	Fri	12:09	3.0	12:26	3.3	6:35	-0.1	7:01	-0.3	6:23	5:50	
6	Sat	12:48	3.1	1:04	3.3	7:16	-0.1	7:39	-0.3	6:21	5:52	
7	Sun	1:25	3.1	1:42	3.2	7:55	-0.1	8:13	-0.2	6:20	5:53	
8	Mon	2:01	3.1	2:19	3.1	8:32	-0.1	8:45	-0.1	6:18	5:54	
9	Tue	2:36	3.0	2:57	2.9	9:07	0.1	9:14	0.0	6:16	5:55	
10	Wed	3:09	3.0	3:36	2.7	9:41	0.2	9:41	0.2	6:15	5:56	
11	Thu	3:42	2.9	4:16	2.6	10:16	0.4	10:08	0.3	6:13	5:57	
12	Fri	4:16	2.8	4:59	2.5	10:59	0.5	10:44	0.5	6:11	5:58	
13	Sat	4:57	2.8	5:47	2.4			12:06	0.6	6:10	6:00	
14	Sun	6:45	2.8	7:41	2.3			2:23	0.6	7:08	7:01	
15	Mon	7:43	2.8	8:47	2.4	2:02	0.6	3:29	0.5	7:06	7:02	
16	Tue	8:54	2.9	9:58	2.6	3:20	0.5	4:25	0.3	7:05	7:03	
17	Wed	10:10	3.1	10:57	2.8	4:24	0.3	5:17	0.0	7:03	7:04	
18	Thu	11:12	3.4	11:48	3.2	5:20	0.0	6:06	-0.2	7:01	7:05	
19	Fri			12:03	3.6	6:14	-0.3	6:54	-0.5	6:59	7:06	
20	Sat	12:35	3.5	12:52	3.8	7:07	-0.5	7:42	-0.7	6:58	7:07	
21	Sun	1:21	3.7	1:40	3.8	8:00	-0.7	8:28	-0.8	6:56	7:09	
22	Mon	2:08	3.9	2:30	3.7	8:50	-0.8	9:14	-0.8	6:54	7:10	
23	Tue	2:58	3.9	3:22	3.6	9:40	-0.7	9:59	-0.6	6:53	7:11	
24	Wed	3:52	3.8	4:19	3.4	10:30	-0.6	10:47	-0.4	6:51	7:12	
25	Thu	4:48	3.7	5:19	3.2	11:24	-0.3	11:40	-0.1	6:49	7:13	
26	Fri	5:46	3.5	6:20	3.0			12:26	-0.1	6:48	7:14	
27	Sat	6:45	3.3	7:19	2.8	12:42	0.2	1:33	0.1	6:46	7:15	
28	Sun	7:44	3.2	8:21	2.7	1:51	0.4	2:40	0.2	6:44	7:16	
29	Mon	8:46	3.0	9:27	2.7	2:58	0.4	3:41	0.2	6:42	7:17	
30	Tue	9:51	3.0	10:29	2.8	3:59	0.4	4:35	0.2	6:41	7:18	
31	Wed	10:50	3.1	11:21	2.9	4:53	0.3	5:24	0.1	6:39	7:20	