

































## Poughkeepsie, NY - Mar 2039

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:51	2.8	5:20	2.5	11:22	0.5	11:12	0.4	6:30	5:45	
2	Wed	5:33	2.7	6:07	2.3			12:24	0.6	6:28	5:47	
3	Thu	6:17	2.7	7:00	2.2	12:06	0.6	1:30	0.7	6:26	5:48	
4	Fri	7:08	2.6	8:01	2.2	1:16	0.7	2:31	0.6	6:25	5:49	
5	Sat	8:12	2.7	9:06	2.3	2:21	0.6	3:25	0.5	6:23	5:50	
6	Sun	9:17	2.8	10:01	2.5	3:18	0.5	4:14	0.3	6:22	5:51	
7	Mon	10:11	3.0	10:46	2.7	4:09	0.3	4:59	0.1	6:20	5:52	
8	Tue	10:55	3.2	11:26	2.9	4:58	0.1	5:43	-0.1	6:18	5:54	
9	Wed	11:35	3.4			5:46	-0.1	6:26	-0.3	6:17	5:55	
10	Thu	12:05	3.2	12:14	3.5	6:33	-0.3	7:08	-0.5	6:15	5:56	
11	Fri	12:43	3.4	12:56	3.6	7:19	-0.5	7:49	-0.5	6:13	5:57	
12	Sat	1:24	3.5	1:40	3.5	8:05	-0.5	8:29	-0.6	6:12	5:58	
13	Sun	3:09	3.6	3:28	3.4	9:51	-0.5	10:10	-0.5	7:10	6:59	
14	Mon	3:58	3.6	4:22	3.2	10:39	-0.4	10:54	-0.3	7:08	7:00	
15	Tue	4:53	3.5	5:21	3.0	11:34	-0.2	11:46	-0.1	7:07	7:02	
16	Wed	5:52	3.4	6:23	2.9			12:39	0.0	7:05	7:03	
17	Thu	6:53	3.3	7:27	2.7	12:51	0.1	1:51	0.1	7:03	7:04	
18	Fri	7:57	3.2	8:35	2.7	2:06	0.2	3:01	0.1	7:02	7:05	
19	Sat	9:06	3.2	9:47	2.7	3:16	0.2	4:03	0.1	7:00	7:06	
20	Sun	10:16	3.2	10:52	2.9	4:19	0.2	5:00	-0.1	6:58	7:07	
21	Mon	11:16	3.3	11:46	3.1	5:16	0.0	5:51	-0.2	6:56	7:08	
22	Tue			12:05	3.4	6:08	-0.1	6:38	-0.3	6:55	7:09	
23	Wed	12:31	3.2	12:49	3.4	6:57	-0.2	7:22	-0.3	6:53	7:10	
24	Thu	1:12	3.4	1:30	3.4	7:43	-0.2	8:03	-0.3	6:51	7:12	
25	Fri	1:51	3.4	2:10	3.4	8:26	-0.2	8:41	-0.3	6:50	7:13	
26	Sat	2:29	3.4	2:50	3.2	9:06	-0.2	9:16	-0.1	6:48	7:14	
27	Sun	3:05	3.3	3:31	3.0	9:44	-0.1	9:49	0.0	6:46	7:15	
28	Mon	3:42	3.2	4:14	2.9	10:21	0.1	10:19	0.2	6:45	7:16	
29	Tue	4:18	3.1	4:59	2.7	10:59	0.3	10:47	0.4	6:43	7:17	
30	Wed	4:56	3.0	5:46	2.5	11:40	0.5	11:17	0.6	6:41	7:18	
31	Thu	5:36	2.9	6:34	2.4			12:34	0.6	6:39	7:19	