

































## Poughkeepsie, NY - Dec 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:04	3.4	10:18	2.9	4:06	0.1	4:43	0.1	7:04	4:26	
2	Sun	10:43	3.6	11:02	3.0	4:48	0.0	5:31	-0.1	7:05	4:25	
3	Mon	11:23	3.8	11:46	3.1	5:32	-0.1	6:20	-0.3	7:06	4:25	
4	Tue			12:05	4.0	6:19	-0.2	7:10	-0.4	7:06	4:25	
5	Wed	12:32	3.1	12:51	4.0	7:08	-0.2	7:59	-0.4	7:07	4:25	
6	Thu	1:23	3.1	1:43	3.9	7:57	-0.2	8:48	-0.4	7:08	4:25	
7	Fri	2:20	3.0	2:41	3.8	8:48	-0.2	9:39	-0.4	7:09	4:25	
8	Sat	3:25	3.0	3:45	3.6	9:42	0.0	10:34	-0.2	7:10	4:25	
9	Sun	4:31	3.0	4:49	3.5	10:44	0.1	11:34	-0.1	7:11	4:25	
10	Mon	5:33	3.0	5:50	3.3	11:55	0.3			7:12	4:25	
11	Tue	6:32	3.1	6:48	3.2	12:37	-0.1	1:07	0.3	7:13	4:25	
12	Wed	7:30	3.1	7:48	3.0	1:37	-0.1	2:13	0.2	7:13	4:25	
13	Thu	8:30	3.2	8:49	2.9	2:32	-0.1	3:12	0.1	7:14	4:25	
14	Fri	9:26	3.3	9:47	2.9	3:23	-0.2	4:06	0.0	7:15	4:26	
15	Sat	10:16	3.4	10:38	2.9	4:11	-0.1	4:56	-0.1	7:16	4:26	
16	Sun	11:00	3.5	11:24	2.9	4:56	-0.1	5:44	-0.1	7:16	4:26	
17	Mon	11:41	3.5			5:40	-0.1	6:30	-0.2	7:17	4:26	
18	Tue	12:07	2.9	12:19	3.5	6:24	0.0	7:14	-0.2	7:18	4:27	
19	Wed	12:50	2.8	12:57	3.4	7:06	0.0	7:55	-0.2	7:18	4:27	
20	Thu	1:33	2.8	1:36	3.3	7:46	0.1	8:35	-0.1	7:19	4:28	
21	Fri	2:18	2.7	2:15	3.2	8:23	0.2	9:13	0.0	7:19	4:28	
22	Sat	3:05	2.6	2:56	3.0	8:59	0.3	9:50	0.1	7:20	4:29	
23	Sun	3:54	2.5	3:38	2.9	9:35	0.5	10:29	0.2	7:20	4:29	
24	Mon	4:41	2.5	4:21	2.8	10:13	0.6	11:11	0.3	7:20	4:30	
25	Tue	5:25	2.5	5:04	2.7	11:02	0.7			7:21	4:31	
26	Wed	6:06	2.6	5:48	2.6	12:00	0.4	12:11	0.7	7:21	4:31	
27	Thu	6:47	2.6	6:36	2.5	12:52	0.4	1:23	0.7	7:21	4:32	
28	Fri	7:32	2.8	7:33	2.5	1:45	0.3	2:26	0.5	7:22	4:33	
29	Sat	8:25	3.0	8:39	2.5	2:36	0.2	3:23	0.3	7:22	4:33	
30	Sun	9:20	3.2	9:43	2.6	3:25	0.1	4:16	0.0	7:22	4:34	
31	Mon	10:13	3.5	10:39	2.8	4:15	-0.1	5:09	-0.2	7:22	4:35	