US HARBORS www.USHarbors.com

Poughkeepsie, NY - Oct 2042

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:15	3.9	2:39	4.3	8:53	-0.4	9:31	-0.3	6:52	6:37	
2	Thu	3:07	3.7	3:31	4.2	9:38	-0.3	10:22	-0.1	6:54	6:35	
3	Fri	4:05	3.5	4:29	4.0	10:25	0.0	11:17	0.1	6:55	6:34	
4	Sat	5:08	3.3	5:31	3.8	11:17	0.3			6:56	6:32	
5	Sun	6:12	3.1	6:33	3.6	12:20	0.4	12:20	0.6	6:57	6:30	
6	Mon	7:14	3.0	7:34	3.4	1:30	0.5	1:31	0.8	6:58	6:29	
7	Tue	8:15	2.9	8:36	3.3	2:37	0.6	2:41	0.8	6:59	6:27	
8	Wed	9:18	3.0	9:40	3.3	3:38	0.5	3:43	0.8	7:00	6:25	
9	Thu	10:18	3.1	10:37	3.3	4:30	0.4	4:37	0.7	7:01	6:24	
10	Fri	11:08	3.2	11:24	3.4	5:15	0.4	5:25	0.6	7:02	6:22	
11	Sat	11:51	3.4			5:56	0.3	6:10	0.5	7:03	6:20	
12	Sun	12:04	3.4	12:28	3.6	6:35	0.2	6:52	0.4	7:04	6:19	
13	Mon	12:41	3.4	1:03	3.6	7:11	0.2	7:34	0.3	7:06	6:17	
14	Tue	1:16	3.3	1:36	3.7	7:47	0.3	8:14	0.3	7:07	6:16	
15	Wed	1:49	3.2	2:08	3.6	8:21	0.3	8:52	0.3	7:08	6:14	
16	Thu	2:22	3.1	2:37	3.6	8:52	0.4	9:28	0.4	7:09	6:13	
17	Fri	2:54	3.0	3:06	3.5	9:21	0.5	10:03	0.5	7:10	6:11	
18	Sat	3:28	2.8	3:37	3.4	9:48	0.7	10:40	0.6	7:11	6:09	
19	Sun	4:09	2.7	4:17	3.3	10:16	0.8	11:23	0.7	7:12	6:08	
20	Mon	5:03	2.6	5:11	3.2	10:52	0.9			7:14	6:06	
21	Tue	6:06	2.5	6:14	3.2	12:23	0.8	11:45 AM	1.0	7:15	6:05	
22	Wed	7:07	2.6	7:18	3.2	1:37	0.8	1:18	1.0	7:16	6:03	
23	Thu	8:08	2.7	8:24	3.3	2:43	0.7	2:48	0.9	7:17	6:02	
24	Fri	9:12	3.0	9:32	3.4	3:39	0.4	3:54	0.6	7:18	6:01	
25	Sat	10:13	3.3	10:34	3.6	4:29	0.2	4:51	0.3	7:19	5:59	
26	Sun	11:06	3.7	11:28	3.7	5:17	-0.1	5:45	0.0	7:21	5:58	
27	Mon	11:54	4.0			6:04	-0.3	6:39	-0.2	7:22	5:56	
28	Tue	12:17	3.8	12:41	4.3	6:51	-0.4	7:32	-0.4	7:23	5:55	
29	Wed	1:06	3.8	1:27	4.3	7:39	-0.4	8:24	-0.4	7:24	5:54	
30	Thu	1:56	3.7	2:16	4.3	8:28	-0.4	9:15	-0.4	7:25	5:52	
31	Fri	2:50	3.5	3:08	4.1	9:16	-0.2	10:06	-0.2	7:27	5:51	