US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 2042

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:33	3.0	3:45	3.4	9:37	0.2	10:32	0.0	7:03	4:26	
2	Tue	4:33	2.9	4:44	3.2	10:31	0.4	11:29	0.2	7:04	4:25	
3	Wed	5:29	2.8	5:38	3.0	11:33	0.6			7:05	4:25	
4	Thu	6:21	2.8	6:30	2.9	12:27	0.3	12:39	0.7	7:06	4:25	
5	Fri	7:12	2.8	7:21	2.7	1:23	0.4	1:42	0.7	7:07	4:25	
6	Sat	8:03	2.9	8:15	2.6	2:13	0.4	2:38	0.6	7:08	4:25	
7	Sun	8:54	3.0	9:10	2.6	2:57	0.4	3:29	0.5	7:09	4:25	
8	Mon	9:42	3.1	10:00	2.6	3:39	0.3	4:15	0.4	7:10	4:25	
9	Tue	10:24	3.2	10:44	2.6	4:19	0.3	4:59	0.3	7:11	4:25	
10	Wed	11:03	3.4	11:24	2.7	4:58	0.2	5:43	0.1	7:11	4:25	
11	Thu	11:38	3.4			5:38	0.2	6:26	0.0	7:12	4:25	
12	Fri	12:02	2.7	12:11	3.4	6:19	0.2	7:08	0.0	7:13	4:25	
13	Sat	12:39	2.7	12:44	3.4	6:59	0.2	7:49	-0.1	7:14	4:25	
14	Sun	1:15	2.6	1:18	3.4	7:38	0.2	8:29	-0.1	7:15	4:25	
15	Mon	1:55	2.6	1:57	3.4	8:16	0.2	9:08	-0.1	7:15	4:26	
16	Tue	2:40	2.6	2:44	3.3	8:56	0.3	9:49	0.0	7:16	4:26	
17	Wed	3:32	2.6	3:38	3.2	9:39	0.3	10:35	0.0	7:17	4:26	
18	Thu	4:28	2.7	4:36	3.1	10:34	0.4	11:28	0.0	7:17	4:27	
19	Fri	5:23	2.8	5:34	3.1	11:46	0.4			7:18	4:27	
20	Sat	6:17	3.0	6:32	3.0	12:27	0.0	1:04	0.4	7:18	4:27	
21	Sun	7:13	3.2	7:34	2.9	1:27	0.0	2:13	0.2	7:19	4:28	
22	Mon	8:15	3.3	8:41	2.9	2:24	-0.1	3:16	0.0	7:19	4:28	
23	Tue	9:17	3.5	9:46	2.9	3:20	-0.3	4:13	-0.2	7:20	4:29	
24	Wed	10:15	3.7	10:45	3.0	4:13	-0.3	5:08	-0.3	7:20	4:30	
25	Thu	11:07	3.8	11:38	3.1	5:07	-0.4	6:02	-0.5	7:21	4:30	
26	Fri	11:57	3.8			6:00	-0.4	6:54	-0.5	7:21	4:31	
27	Sat	12:30	3.1	12:46	3.8	6:53	-0.4	7:44	-0.6	7:21	4:32	
28	Sun	1:22	3.0	1:36	3.6	7:43	-0.3	8:31	-0.5	7:22	4:32	
29	Mon	2:15	3.0	2:26	3.5	8:30	-0.2	9:16	-0.4	7:22	4:33	
30	Tue	3:09	2.9	3:18	3.3	9:16	0.0	10:01	-0.2	7:22	4:34	
31	Wed	4:03	2.8	4:10	3.0	10:02	0.2	10:48	0.0	7:22	4:35	