US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:29	2.9	6:17	2.3			12:21	0.6	6:38	7:20	
2	Thu	6:19	2.8	7:10	2.3			1:35	0.7	6:36	7:22	
3	Fri	7:16	2.8	8:09	2.3	1:04	0.9	2:46	0.6	6:34	7:23	
4	Sat	8:21	2.8	9:16	2.5	2:45	0.9	3:44	0.5	6:33	7:24	
5	Sun	9:33	3.0	10:18	2.8	3:52	0.6	4:35	0.3	6:31	7:25	
6	Mon	10:37	3.2	11:09	3.1	4:49	0.4	5:22	0.0	6:29	7:26	
7	Tue	11:29	3.4	11:54	3.5	5:42	0.1	6:07	-0.2	6:28	7:27	
8	Wed			12:16	3.5	6:33	-0.2	6:52	-0.4	6:26	7:28	
9	Thu	12:37	3.8	1:02	3.6	7:25	-0.4	7:38	-0.5	6:24	7:29	
10	Fri	1:20	4.0	1:49	3.6	8:15	-0.6	8:24	-0.5	6:23	7:30	
11	Sat	2:06	4.1	2:40	3.5	9:05	-0.6	9:10	-0.5	6:21	7:31	
12	Sun	2:55	4.0	3:35	3.3	9:55	-0.5	9:56	-0.3	6:20	7:32	
13	Mon	3:50	3.9	4:36	3.1	10:47	-0.3	10:46	-0.1	6:18	7:34	
14	Tue	4:51	3.6	5:40	3.0	11:45	-0.1	11:45	0.2	6:16	7:35	
15	Wed	5:55	3.4	6:43	2.9			12:51	0.1	6:15	7:36	
16	Thu	6:59	3.2	7:45	2.8	12:55	0.5	2:00	0.2	6:13	7:37	
17	Fri	8:02	3.1	8:47	2.9	2:09	0.6	3:04	0.3	6:12	7:38	
18	Sat	9:07	3.0	9:49	2.9	3:17	0.6	4:00	0.2	6:10	7:39	
19	Sun	10:10	3.0	10:45	3.1	4:16	0.5	4:50	0.1	6:09	7:40	
20	Mon	11:04	3.0	11:31	3.3	5:08	0.3	5:34	0.1	6:07	7:41	
21	Tue	11:49	3.1			5:55	0.2	6:14	0.1	6:06	7:42	
22	Wed	12:11	3.4	12:28	3.1	6:39	0.1	6:53	0.1	6:04	7:43	
23	Thu	12:47	3.5	1:06	3.1	7:21	0.1	7:30	0.1	6:03	7:45	
24	Fri	1:22	3.6	1:42	3.0	8:02	0.0	8:06	0.2	6:01	7:46	
25	Sat	1:55	3.6	2:19	2.9	8:41	0.0	8:40	0.3	6:00	7:47	
26	Sun	2:27	3.5	2:56	2.8	9:18	0.1	9:12	0.4	5:58	7:48	
27	Mon	2:57	3.4	3:34	2.7	9:54	0.2	9:41	0.5	5:57	7:49	
28	Tue	3:29	3.3	4:16	2.6	10:29	0.3	10:10	0.7	5:56	7:50	
29	Wed	4:05	3.1	5:04	2.5	11:07	0.4	10:42	0.8	5:54	7:51	
30	Thu	4:50	3.1	5:55	2.5	11:54	0.5	11:25	0.9	5:53	7:52	