US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:45	3.0	6:46	2.5			12:56	0.6	5:51	7:53	
2	Sat	6:44	3.0	7:38	2.6	12:35	0.9	2:02	0.6	5:50	7:54	
3	Sun	7:43	3.0	8:34	2.8	2:10	0.9	3:01	0.4	5:49	7:55	
4	Mon	8:48	3.1	9:34	3.1	3:22	0.7	3:54	0.2	5:48	7:56	
5	Tue	9:55	3.2	10:31	3.4	4:23	0.4	4:42	0.0	5:46	7:58	
6	Wed	10:56	3.3	11:22	3.8	5:18	0.1	5:30	-0.1	5:45	7:59	
7	Thu	11:49	3.4			6:12	-0.2	6:18	-0.3	5:44	8:00	
8	Fri	12:10	4.1	12:40	3.5	7:06	-0.4	7:08	-0.4	5:43	8:01	
9	Sat	12:57	4.2	1:31	3.5	7:59	-0.5	7:59	-0.4	5:42	8:02	
10	Sun	1:46	4.2	2:25	3.4	8:51	-0.5	8:50	-0.3	5:41	8:03	
11	Mon	2:38	4.1	3:23	3.3	9:42	-0.5	9:41	-0.1	5:39	8:04	
12	Tue	3:35	3.9	4:26	3.2	10:34	-0.3	10:33	0.1	5:38	8:05	
13	Wed	4:38	3.7	5:30	3.1	11:29	-0.1	11:31	0.4	5:37	8:06	
14	Thu	5:41	3.5	6:30	3.1			12:30	0.1	5:36	8:07	
15	Fri	6:41	3.3	7:27	3.0	12:37	0.6	1:33	0.2	5:35	8:08	
16	Sat	7:37	3.1	8:22	3.1	1:47	0.7	2:32	0.3	5:34	8:09	
17	Sun	8:34	3.0	9:16	3.1	2:52	0.7	3:26	0.3	5:33	8:10	
18	Mon	9:31	2.9	10:09	3.2	3:50	0.6	4:13	0.3	5:32	8:11	
19	Tue	10:26	2.9	10:56	3.4	4:41	0.5	4:55	0.3	5:32	8:12	
20	Wed	11:15	2.9	11:37	3.5	5:27	0.4	5:35	0.3	5:31	8:13	
21	Thu	11:58	2.9			6:12	0.3	6:14	0.3	5:30	8:14	
22	Fri	12:15	3.6	12:38	2.9	6:55	0.2	6:53	0.4	5:29	8:15	
23	Sat	12:50	3.6	1:16	2.9	7:37	0.2	7:32	0.4	5:28	8:16	
24	Sun	1:24	3.6	1:55	2.8	8:18	0.1	8:10	0.5	5:28	8:17	
25	Mon	1:57	3.6	2:33	2.8	8:58	0.1	8:47	0.5	5:27	8:17	
26	Tue	2:29	3.5	3:14	2.7	9:36	0.2	9:22	0.6	5:26	8:18	
27	Wed	3:03	3.4	3:58	2.6	10:13	0.2	9:55	0.7	5:26	8:19	
28	Thu	3:41	3.3	4:45	2.6	10:51	0.3	10:32	0.8	5:25	8:20	
29	Fri	4:29	3.2	5:34	2.7	11:33	0.4	11:17	0.8	5:25	8:21	
30	Sat	5:23	3.2	6:22	2.8			12:23	0.4	5:24	8:22	
31	Sun	6:19	3.2	7:10	3.0	12:21	0.9	1:20	0.4	5:23	8:23	