US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:52	2.9	10:22	3.8	4:26	0.3	4:20	0.3	5:50	8:14	
2	Sun	11:01	3.0	11:24	3.9	5:24	0.2	5:20	0.2	5:51	8:12	
3	Mon			12:00	3.2	6:19	0.0	6:17	0.1	5:52	8:11	
4	Tue	12:18	4.0	12:53	3.4	7:11	-0.1	7:12	0.1	5:53	8:10	
5	Wed	1:08	4.0	1:43	3.4	8:01	-0.2	8:04	0.1	5:54	8:09	
6	Thu	1:56	3.9	2:32	3.5	8:47	-0.2	8:53	0.1	5:55	8:08	
7	Fri	2:42	3.8	3:21	3.5	9:30	-0.2	9:38	0.2	5:56	8:06	
8	Sat	3:29	3.6	4:09	3.4	10:10	0.0	10:22	0.4	5:57	8:05	
9	Sun	4:16	3.4	4:56	3.4	10:48	0.2	11:07	0.6	5:58	8:04	
10	Mon	5:04	3.2	5:42	3.3	11:27	0.4	11:56	0.8	5:59	8:02	
11	Tue	5:52	3.0	6:26	3.3			12:07	0.6	6:00	8:01	
12	Wed	6:38	2.8	7:10	3.2	12:52	0.9	12:53	0.8	6:01	8:00	
13	Thu	7:26	2.6	7:56	3.2	1:54	1.0	1:48	0.9	6:02	7:58	
14	Fri	8:19	2.5	8:47	3.2	2:55	1.0	2:47	1.0	6:03	7:57	
15	Sat	9:21	2.5	9:46	3.2	3:51	0.9	3:43	1.0	6:04	7:56	
16	Sun	10:24	2.6	10:42	3.3	4:42	0.8	4:35	0.9	6:05	7:54	
17	Mon	11:18	2.7	11:29	3.5	5:29	0.6	5:24	0.8	6:06	7:53	
18	Tue			12:02	2.9	6:14	0.4	6:11	0.6	6:07	7:51	
19	Wed	12:10	3.6	12:40	3.1	6:57	0.2	6:57	0.5	6:08	7:50	
20	Thu	12:48	3.8	1:17	3.2	7:39	0.1	7:43	0.3	6:09	7:48	
21	Fri	1:25	3.8	1:54	3.4	8:19	0.0	8:28	0.2	6:10	7:47	
22	Sat	2:04	3.8	2:32	3.5	8:58	-0.1	9:12	0.2	6:11	7:45	
23	Sun	2:46	3.8	3:15	3.6	9:35	-0.1	9:57	0.2	6:12	7:44	
24	Mon	3:32	3.6	4:03	3.7	10:13	-0.1	10:45	0.3	6:13	7:42	
25	Tue	4:25	3.4	4:56	3.7	10:54	0.0	11:41	0.4	6:14	7:40	
26	Wed	5:23	3.2	5:53	3.7	11:42	0.2			6:15	7:39	
27	Thu	6:24	3.1	6:52	3.7	12:48	0.5	12:43	0.4	6:16	7:37	
28	Fri	7:26	3.0	7:54	3.6	2:02	0.6	1:56	0.5	6:17	7:36	
29	Sat	8:34	2.9	9:04	3.6	3:11	0.5	3:08	0.5	6:18	7:34	
30	Sun	9:47	3.0	10:15	3.6	4:14	0.4	4:13	0.5	6:19	7:32	
31	Mon	10:53	3.1	11:16	3.7	5:10	0.3	5:12	0.4	6:20	7:31	