US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:49	3.3			6:02	0.1	6:06	0.3	6:21	7:29	
2	Wed	12:07	3.8	12:37	3.5	6:50	0.0	6:57	0.2	6:22	7:27	
3	Thu	12:52	3.9	1:22	3.6	7:36	-0.1	7:46	0.2	6:23	7:26	
4	Fri	1:34	3.8	2:04	3.7	8:18	-0.1	8:31	0.2	6:24	7:24	
5	Sat	2:16	3.7	2:46	3.7	8:58	0.0	9:13	0.2	6:25	7:22	
6	Sun	2:57	3.5	3:27	3.6	9:34	0.1	9:54	0.4	6:26	7:21	
7	Mon	3:39	3.3	4:09	3.5	10:08	0.3	10:34	0.5	6:27	7:19	
8	Tue	4:24	3.1	4:53	3.4	10:39	0.5	11:16	0.7	6:28	7:17	
9	Wed	5:12	2.9	5:38	3.3	11:10	0.8			6:30	7:16	
10	Thu	6:01	2.7	6:23	3.2	12:05	0.9	11:45 AM	1.0	6:31	7:14	
11	Fri	6:52	2.6	7:11	3.1	1:07	1.0	12:38	1.1	6:32	7:12	
12	Sat	7:45	2.5	8:03	3.1	2:14	1.1	1:59	1.2	6:33	7:10	
13	Sun	8:45	2.5	9:03	3.1	3:15	1.0	3:09	1.1	6:34	7:09	
14	Mon	9:49	2.6	10:04	3.3	4:09	0.8	4:06	1.0	6:35	7:07	
15	Tue	10:44	2.8	10:56	3.5	4:56	0.6	4:57	0.8	6:36	7:05	
16	Wed	11:29	3.1	11:40	3.7	5:39	0.4	5:45	0.6	6:37	7:03	
17	Thu			12:08	3.3	6:21	0.2	6:32	0.3	6:38	7:02	
18	Fri	12:20	3.8	12:44	3.6	7:03	0.0	7:20	0.2	6:39	7:00	
19	Sat	12:59	3.9	1:22	3.8	7:44	-0.1	8:07	0.0	6:40	6:58	
20	Sun	1:40	3.9	2:02	4.0	8:25	-0.2	8:55	-0.1	6:41	6:57	
21	Mon	2:24	3.8	2:46	4.0	9:06	-0.2	9:42	0.0	6:42	6:55	
22	Tue	3:13	3.6	3:36	4.0	9:47	-0.1	10:32	0.1	6:43	6:53	
23	Wed	4:09	3.4	4:33	3.9	10:32	0.1	11:28	0.3	6:44	6:51	
24	Thu	5:13	3.2	5:36	3.8	11:24	0.3			6:45	6:50	
25	Fri	6:19	3.1	6:41	3.6	12:35	0.5	12:30	0.5	6:46	6:48	
26	Sat	7:24	3.0	7:47	3.5	1:48	0.6	1:48	0.7	6:47	6:46	
27	Sun	8:30	3.0	8:55	3.5	2:57	0.5	3:00	0.7	6:48	6:44	
28	Mon	9:39	3.1	10:03	3.5	3:58	0.4	4:04	0.6	6:49	6:43	
29	Tue	10:41	3.3	11:01	3.6	4:51	0.3	5:00	0.4	6:50	6:41	
30	Wed	11:32	3.5	11:49	3.6	5:39	0.1	5:51	0.3	6:51	6:39	