US HARBORS www.USHarbors.com

Poughkeepsie, NY - Oct 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:17	3.6	6:24	0.1	6:39	0.2	6:52	6:38	
2	Fri	12:31	3.6	12:56	3.7	7:06	0.0	7:24	0.2	6:53	6:36	
3	Sat	1:10	3.6	1:34	3.8	7:45	0.1	8:08	0.2	6:54	6:34	
4	Sun	1:48	3.5	2:10	3.8	8:23	0.2	8:48	0.2	6:55	6:32	
5	Mon	2:26	3.3	2:46	3.7	8:57	0.3	9:27	0.3	6:56	6:31	
6	Tue	3:05	3.1	3:23	3.6	9:29	0.4	10:05	0.5	6:58	6:29	
7	Wed	3:46	2.9	4:02	3.4	9:59	0.6	10:43	0.6	6:59	6:27	
8	Thu	4:33	2.8	4:45	3.3	10:27	0.8	11:25	0.8	7:00	6:26	
9	Fri	5:26	2.6	5:33	3.1	10:57	1.0			7:01	6:24	
10	Sat	6:20	2.5	6:25	3.1	12:20	0.9	11:39 AM	1.1	7:02	6:22	
11	Sun	7:14	2.5	7:18	3.0	1:29	1.0	1:01	1.2	7:03	6:21	
12	Mon	8:08	2.6	8:15	3.1	2:34	0.9	2:31	1.2	7:04	6:19	
13	Tue	9:06	2.7	9:16	3.2	3:29	0.8	3:35	1.0	7:05	6:18	
14	Wed	10:02	2.9	10:14	3.3	4:17	0.6	4:29	0.7	7:06	6:16	
15	Thu	10:50	3.2	11:05	3.5	5:01	0.3	5:19	0.5	7:08	6:14	
16	Fri	11:32	3.6	11:50	3.7	5:43	0.1	6:08	0.2	7:09	6:13	
17	Sat			12:12	3.9	6:26	-0.1	6:57	0.0	7:10	6:11	
18	Sun	12:33	3.7	12:53	4.1	7:09	-0.2	7:48	-0.2	7:11	6:10	
19	Mon	1:18	3.7	1:36	4.2	7:54	-0.3	8:38	-0.3	7:12	6:08	
20	Tue	2:05	3.6	2:23	4.2	8:40	-0.2	9:28	-0.2	7:13	6:07	
21	Wed	2:58	3.5	3:16	4.1	9:27	-0.1	10:19	-0.1	7:14	6:05	
22	Thu	3:58	3.3	4:16	3.9	10:16	0.1	11:15	0.1	7:16	6:04	
23	Fri	5:05	3.1	5:24	3.7	11:12	0.3			7:17	6:02	
24	Sat	6:13	3.1	6:31	3.5	12:20	0.3	12:19	0.5	7:18	6:01	
25	Sun	7:16	3.0	7:34	3.4	1:29	0.4	1:35	0.7	7:19	6:00	
26	Mon	8:19	3.1	8:37	3.3	2:36	0.4	2:47	0.7	7:20	5:58	
27	Tue	9:21	3.1	9:40	3.3	3:34	0.3	3:49	0.6	7:21	5:57	
28	Wed	10:19	3.3	10:36	3.3	4:25	0.2	4:43	0.5	7:23	5:55	
29	Thu	11:08	3.5	11:25	3.3	5:11	0.1	5:32	0.3	7:24	5:54	
30	Fri	11:51	3.6			5:53	0.1	6:18	0.2	7:25	5:53	
31	Sat	12:06	3.3	12:29	3.7	6:33	0.1	7:02	0.2	7:26	5:51	