US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:45	3.2	12:04	3.7	6:11	0.2	6:44	0.2	6:27	4:50	
2	Mon	12:22	3.2	12:38	3.7	6:48	0.2	7:25	0.2	6:29	4:49	
3	Tue	12:59	3.1	1:12	3.6	7:24	0.3	8:04	0.2	6:30	4:48	
4	Wed	1:37	2.9	1:46	3.5	7:58	0.5	8:41	0.3	6:31	4:47	
5	Thu	2:17	2.8	2:21	3.3	8:30	0.6	9:19	0.4	6:32	4:45	
6	Fri	3:02	2.6	3:00	3.2	9:00	0.7	9:58	0.6	6:34	4:44	
7	Sat	3:55	2.5	3:46	3.1	9:31	0.9	10:44	0.7	6:35	4:43	
8	Sun	4:49	2.5	4:40	3.0	10:11	1.0	11:42	0.7	6:36	4:42	
9	Mon	5:40	2.5	5:35	3.0	11:13	1.1			6:37	4:41	
10	Tue	6:28	2.6	6:29	3.0	12:46	0.7	12:47	1.0	6:38	4:40	
11	Wed	7:19	2.7	7:27	3.1	1:42	0.6	1:59	0.9	6:40	4:39	
12	Thu	8:13	3.0	8:28	3.1	2:33	0.4	2:59	0.6	6:41	4:38	
13	Fri	9:07	3.3	9:28	3.2	3:20	0.2	3:53	0.3	6:42	4:37	
14	Sat	9:57	3.7	10:21	3.4	4:05	0.0	4:45	0.0	6:43	4:36	
15	Sun	10:43	4.0	11:10	3.4	4:51	-0.2	5:37	-0.2	6:44	4:35	
16	Mon	11:29	4.2	11:59	3.5	5:39	-0.3	6:30	-0.4	6:46	4:34	
17	Tue			12:17	4.3	6:29	-0.4	7:23	-0.4	6:47	4:33	
18	Wed	12:51	3.4	1:07	4.2	7:20	-0.3	8:14	-0.4	6:48	4:33	
19	Thu	1:47	3.3	2:03	4.0	8:12	-0.3	9:06	-0.3	6:49	4:32	
20	Fri	2:49	3.2	3:04	3.8	9:04	-0.1	10:00	-0.2	6:50	4:31	
21	Sat	3:55	3.1	4:10	3.6	10:00	0.1	11:00	0.0	6:52	4:31	
22	Sun	4:59	3.0	5:14	3.4	11:04	0.4			6:53	4:30	
23	Mon	5:59	3.0	6:13	3.2	12:03	0.1	12:15	0.5	6:54	4:29	
24	Tue	6:56	3.0	7:09	3.1	1:06	0.2	1:24	0.6	6:55	4:29	
25	Wed	7:52	3.1	8:07	2.9	2:02	0.2	2:25	0.5	6:56	4:28	
26	Thu	8:47	3.2	9:04	2.9	2:53	0.2	3:20	0.4	6:57	4:28	
27	Fri	9:37	3.3	9:55	2.8	3:38	0.2	4:09	0.3	6:58	4:27	
28	Sat	10:21	3.4	10:41	2.8	4:19	0.2	4:54	0.2	7:00	4:27	
29	Sun	11:01	3.5	11:22	2.8	4:59	0.2	5:38	0.1	7:01	4:26	
30	Mon	11:38	3.5			5:39	0.2	6:21	0.1	7:02	4:26	