US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:00	2.8	12:13	3.5	6:18	0.2	7:03	0.1	7:03	4:26	
2	Wed	12:39	2.8	12:48	3.5	6:57	0.3	7:43	0.1	7:04	4:25	
3	Thu	1:17	2.7	1:22	3.4	7:34	0.3	8:21	0.1	7:05	4:25	
4	Fri	1:57	2.6	1:56	3.3	8:10	0.4	8:58	0.2	7:06	4:25	
5	Sat	2:39	2.5	2:32	3.2	8:43	0.5	9:35	0.2	7:07	4:25	
6	Sun	3:25	2.5	3:14	3.1	9:17	0.6	10:14	0.3	7:08	4:25	
7	Mon	4:13	2.5	4:03	3.0	9:55	0.7	10:59	0.3	7:09	4:25	
8	Tue	5:00	2.5	4:56	2.9	10:46	0.7	11:52	0.3	7:10	4:25	
9	Wed	5:46	2.6	5:49	2.9			12:03	0.7	7:10	4:25	
10	Thu	6:33	2.8	6:44	2.9	12:49	0.3	1:23	0.6	7:11	4:25	
11	Fri	7:26	3.1	7:46	2.9	1:45	0.2	2:30	0.4	7:12	4:25	
12	Sat	8:25	3.3	8:53	2.9	2:38	0.0	3:30	0.1	7:13	4:25	
13	Sun	9:25	3.6	9:56	3.0	3:31	-0.1	4:26	-0.1	7:14	4:25	
14	Mon	10:21	3.8	10:53	3.1	4:23	-0.3	5:21	-0.3	7:14	4:25	
15	Tue	11:13	4.0	11:46	3.2	5:17	-0.4	6:15	-0.5	7:15	4:26	
16	Wed			12:04	4.0	6:12	-0.5	7:09	-0.6	7:16	4:26	
17	Thu	12:40	3.2	12:57	4.0	7:06	-0.5	8:01	-0.6	7:16	4:26	
18	Fri	1:37	3.2	1:53	3.9	8:00	-0.4	8:51	-0.6	7:17	4:27	
19	Sat	2:36	3.1	2:51	3.7	8:52	-0.3	9:41	-0.5	7:18	4:27	
20	Sun	3:37	3.0	3:51	3.4	9:45	-0.1	10:33	-0.3	7:18	4:27	
21	Mon	4:36	3.0	4:48	3.2	10:41	0.2	11:29	-0.1	7:19	4:28	
22	Tue	5:32	3.0	5:42	3.0	11:45	0.4			7:19	4:28	
23	Wed	6:23	3.0	6:34	2.8	12:26	0.0	12:51	0.5	7:20	4:29	
24	Thu	7:14	2.9	7:27	2.6	1:21	0.1	1:54	0.5	7:20	4:29	
25	Fri	8:06	3.0	8:24	2.5	2:13	0.2	2:50	0.4	7:21	4:30	
26	Sat	8:59	3.0	9:22	2.4	3:00	0.3	3:42	0.3	7:21	4:31	
27	Sun	9:49	3.1	10:14	2.4	3:45	0.3	4:29	0.2	7:21	4:31	
28	Mon	10:34	3.2	11:00	2.5	4:28	0.3	5:14	0.1	7:21	4:32	
29	Tue	11:15	3.3	11:41	2.5	5:10	0.2	5:58	0.0	7:22	4:33	
30	Wed	11:53	3.3			5:53	0.2	6:41	0.0	7:22	4:34	
31	Thu	12:21	2.6	12:30	3.3	6:35	0.2	7:22	-0.1	7:22	4:34	