US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 2044

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:40	3.9	4:35	3.1	10:47	-0.2	10:43	0.1	5:50	7:54	
2	Mon	4:45	3.7	5:41	3.0	11:44	0.0	11:44	0.3	5:49	7:55	
3	Tue	5:52	3.5	6:44	3.0			12:49	0.1	5:48	7:56	
4	Wed	6:56	3.4	7:44	3.1	12:57	0.5	1:55	0.1	5:47	7:57	
5	Thu	7:57	3.2	8:44	3.2	2:10	0.5	2:56	0.1	5:45	7:58	
6	Fri	9:00	3.1	9:43	3.3	3:17	0.4	3:51	0.1	5:44	7:59	
7	Sat	10:02	3.1	10:38	3.4	4:16	0.3	4:40	0.0	5:43	8:00	
8	Sun	10:57	3.1	11:25	3.6	5:08	0.2	5:25	0.0	5:42	8:02	
9	Mon	11:45	3.1			5:57	0.1	6:08	0.1	5:41	8:03	
10	Tue	12:07	3.7	12:28	3.1	6:44	0.0	6:50	0.1	5:40	8:04	
11	Wed	12:45	3.7	1:09	3.0	7:28	0.0	7:31	0.2	5:39	8:05	
12	Thu	1:22	3.7	1:50	3.0	8:11	0.0	8:10	0.3	5:38	8:06	
13	Fri	1:58	3.6	2:31	2.9	8:52	0.0	8:48	0.4	5:37	8:07	
14	Sat	2:35	3.5	3:14	2.8	9:31	0.1	9:23	0.5	5:36	8:08	
15	Sun	3:13	3.4	4:01	2.7	10:09	0.2	9:57	0.7	5:35	8:09	
16	Mon	3:54	3.2	4:51	2.6	10:47	0.4	10:31	0.8	5:34	8:10	
17	Tue	4:39	3.1	5:41	2.6	11:28	0.5	11:08	0.9	5:33	8:11	
18	Wed	5:27	3.0	6:27	2.6			12:15	0.6	5:32	8:12	
19	Thu	6:14	2.9	7:10	2.7	12:01	1.0	1:09	0.6	5:31	8:13	
20	Fri	7:02	2.9	7:53	2.8	1:18	1.1	2:05	0.6	5:30	8:14	
21	Sat	7:53	2.9	8:40	3.0	2:32	1.0	2:56	0.5	5:29	8:15	
22	Sun	8:50	2.9	9:32	3.2	3:33	0.8	3:45	0.4	5:29	8:15	
23	Mon	9:53	2.9	10:24	3.5	4:29	0.5	4:32	0.2	5:28	8:16	
24	Tue	10:52	3.0	11:13	3.8	5:21	0.2	5:19	0.1	5:27	8:17	
25	Wed	11:46	3.1			6:14	0.0	6:08	0.0	5:26	8:18	
26	Thu	12:01	4.0	12:36	3.2	7:07	-0.2	7:00	-0.1	5:26	8:19	
27	Fri	12:48	4.2	1:28	3.3	8:00	-0.3	7:53	-0.1	5:25	8:20	
28	Sat	1:39	4.2	2:24	3.3	8:52	-0.4	8:47	-0.1	5:25	8:21	
29	Sun	2:34	4.1	3:24	3.2	9:43	-0.4	9:40	-0.1	5:24	8:22	
30	Mon	3:34	4.0	4:28	3.2	10:34	-0.3	10:35	0.1	5:24	8:22	
31	Tue	4:38	3.8	5:31	3.3	11:29	-0.2	11:35	0.3	5:23	8:23	