US HARBORS www.USHarbors.com

Poughkeepsie, NY - Oct 2044

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**9:16**	2.7	**9:32**	3.1	**3:34**	0.9	**3:39**	1.1	6:53	6:36	
2	Sun	**10:13**	2.8	**10:26**	3.2	**4:21**	0.7	**4:30**	0.9	6:54	6:35	
3	Mon	**11:00**	3.0	**11:11**	3.3	**5:03**	0.5	**5:16**	0.7	6:55	6:33	
4	Tue	**11:39**	3.3	**11:50**	3.5	**5:43**	0.4	**6:00**	0.5	6:56	6:31	
5	Wed			**12:13**	3.5	**6:21**	0.2	**6:44**	0.4	6:57	6:29	
6	Thu	**12:26**	3.5	**12:45**	3.7	**6:59**	0.1	**7:28**	0.2	6:58	6:28	
7	Fri	**1:01**	3.6	**1:16**	3.8	**7:37**	0.1	**8:12**	0.1	6:59	6:26	
8	Sat	**1:38**	3.5	**1:51**	3.9	**8:15**	0.0	**8:56**	0.1	7:01	6:24	
9	Sun	**2:18**	3.4	**2:30**	4.0	**8:54**	0.1	**9:40**	0.1	7:02	6:23	
10	Mon	**3:04**	3.3	**3:17**	3.9	**9:34**	0.1	**10:28**	0.2	7:03	6:21	
11	Tue	**3:59**	3.1	**4:13**	3.8	**10:18**	0.3	**11:23**	0.4	7:04	6:20	
12	Wed	**5:06**	3.0	**5:20**	3.7	**11:10**	0.4			7:05	6:18	
13	Thu	**6:15**	2.9	**6:31**	3.6	**12:30**	0.5	**12:21**	0.6	7:06	6:16	
14	Fri	**7:21**	3.0	**7:38**	3.5	**1:43**	0.5	**1:44**	0.7	7:07	6:15	
15	Sat	**8:27**	3.1	**8:46**	3.5	**2:50**	0.4	**2:58**	0.6	7:08	6:13	
16	Sun	**9:32**	3.3	**9:53**	3.5	**3:49**	0.3	**4:02**	0.4	7:10	6:12	
17	Mon	**10:33**	3.5	**10:51**	3.6	**4:41**	0.1	**4:58**	0.3	7:11	6:10	
18	Tue	**11:25**	3.7	**11:41**	3.6	**5:29**	-0.1	**5:51**	0.1	7:12	6:09	
19	Wed			**12:10**	3.9	**6:14**	-0.1	**6:40**	0.0	7:13	6:07	
20	Thu	**12:26**	3.6	**12:51**	4.0	**6:58**	-0.1	**7:28**	0.0	7:14	6:06	
21	Fri	**1:09**	3.5	**1:31**	4.0	**7:41**	0.0	**8:13**	0.0	7:15	6:04	
22	Sat	**1:51**	3.4	**2:10**	3.9	**8:21**	0.1	**8:57**	0.1	7:16	6:03	
23	Sun	**2:33**	3.2	**2:50**	3.7	**9:00**	0.3	**9:38**	0.2	7:18	6:01	
24	Mon	**3:18**	3.0	**3:32**	3.6	**9:37**	0.5	**10:19**	0.4	7:19	6:00	
25	Tue	**4:08**	2.8	**4:19**	3.4	**10:12**	0.7	**11:02**	0.6	7:20	5:58	
26	Wed	**5:02**	2.7	**5:11**	3.2	**10:48**	0.9	**11:51**	0.7	7:21	5:57	
27	Thu	**5:58**	2.6	**6:05**	3.1	**11:31**	1.0			7:22	5:56	
28	Fri	**6:51**	2.6	**6:57**	3.0	**12:50**	0.8	**12:39**	1.2	7:24	5:54	
29	Sat	**7:42**	2.6	**7:47**	2.9	**1:52**	0.9	**1:57**	1.2	7:25	5:53	
30	Sun	**8:34**	2.7	**8:40**	2.9	**2:47**	0.8	**3:01**	1.1	7:26	5:52	
31	Mon	**9:26**	2.8	**9:35**	3.0	**3:36**	0.6	**3:56**	0.9	7:27	5:50	