US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 2044

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:14	3.0	10:26	3.1	4:19	0.5	4:44	0.7	7:28	5:49	
2	Wed	10:56	3.3	11:12	3.2	4:59	0.3	5:30	0.4	7:30	5:48	
3	Thu	11:33	3.6	11:54	3.3	5:39	0.2	6:16	0.2	7:31	5:47	
4	Fri			12:09	3.8	6:19	0.0	7:03	0.0	7:32	5:46	
5	Sat	12:34	3.3	12:47	4.0	7:02	0.0	7:52	-0.1	7:33	5:44	
6	Sun	1:16	3.3	12:27	4.1	6:46	-0.1	7:40	-0.2	6:34	4:43	
7	Mon	1:02	3.3	1:13	4.1	7:33	-0.1	8:28	-0.2	6:36	4:42	
8	Tue	1:54	3.2	2:05	3.9	8:20	0.0	9:18	-0.1	6:37	4:41	
9	Wed	2:55	3.1	3:07	3.8	9:10	0.1	10:13	0.0	6:38	4:40	
10	Thu	4:03	3.0	4:16	3.6	10:07	0.3	11:15	0.2	6:39	4:39	
11	Fri	5:10	3.0	5:24	3.5	11:17	0.4			6:41	4:38	
12	Sat	6:12	3.1	6:26	3.3	12:22	0.2	12:33	0.5	6:42	4:37	
13	Sun	7:12	3.2	7:27	3.2	1:25	0.2	1:44	0.5	6:43	4:36	
14	Mon	8:12	3.3	8:29	3.2	2:23	0.1	2:46	0.4	6:44	4:35	
15	Tue	9:10	3.5	9:28	3.2	3:14	0.0	3:42	0.2	6:45	4:35	
16	Wed	10:02	3.6	10:20	3.2	4:02	-0.1	4:33	0.1	6:47	4:34	
17	Thu	10:46	3.7	11:06	3.1	4:46	-0.1	5:21	0.0	6:48	4:33	
18	Fri	11:27	3.8	11:48	3.1	5:30	0.0	6:08	0.0	6:49	4:32	
19	Sat			12:06	3.8	6:12	0.1	6:53	0.0	6:50	4:31	
20	Sun	12:30	3.0	12:44	3.7	6:53	0.2	7:35	0.0	6:51	4:31	
21	Mon	1:11	2.9	1:22	3.6	7:33	0.3	8:16	0.1	6:52	4:30	
22	Tue	1:55	2.8	2:02	3.4	8:11	0.4	8:56	0.2	6:54	4:29	
23	Wed	2:41	2.7	2:45	3.2	8:47	0.5	9:35	0.3	6:55	4:29	
24	Thu	3:32	2.6	3:33	3.1	9:22	0.7	10:16	0.4	6:56	4:28	
25	Fri	4:25	2.5	4:22	3.0	9:59	0.8	11:02	0.5	6:57	4:28	
26	Sat	5:14	2.5	5:10	2.9	10:48	0.9	11:54	0.6	6:58	4:27	
27	Sun	5:59	2.5	5:55	2.8	11:59	1.0			6:59	4:27	
28	Mon	6:42	2.6	6:42	2.7	12:49	0.6	1:13	0.9	7:00	4:27	
29	Tue	7:27	2.8	7:34	2.7	1:40	0.5	2:15	0.8	7:01	4:26	
30	Wed	8:15	3.0	8:33	2.8	2:28	0.4	3:10	0.6	7:02	4:26	