US HARBORS www.USHarbors.com

Poughkeepsie, NY - Feb 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:55	3.8			6:01	-0.6	6:50	-0.8	7:06	5:11	
2	Thu	12:28	3.3	12:46	3.8	6:55	-0.7	7:38	-0.9	7:05	5:12	
3	Fri	1:19	3.4	1:36	3.8	7:47	-0.8	8:24	-0.9	7:04	5:14	
4	Sat	2:11	3.5	2:27	3.6	8:37	-0.7	9:08	-0.8	7:03	5:15	
5	Sun	3:03	3.5	3:20	3.3	9:26	-0.5	9:53	-0.6	7:02	5:16	
6	Mon	3:56	3.4	4:13	3.1	10:17	-0.3	10:40	-0.3	7:01	5:18	
7	Tue	4:48	3.2	5:07	2.8	11:13	0.0	11:32	0.0	7:00	5:19	
8	Wed	5:39	3.1	6:00	2.6			12:16	0.2	6:59	5:20	
9	Thu	6:30	2.9	6:55	2.3	12:30	0.2	1:22	0.4	6:57	5:21	
10	Fri	7:25	2.8	7:57	2.2	1:32	0.4	2:26	0.4	6:56	5:23	
11	Sat	8:27	2.8	9:03	2.2	2:31	0.5	3:22	0.3	6:55	5:24	
12	Sun	9:29	2.8	10:02	2.3	3:26	0.4	4:12	0.3	6:54	5:25	
13	Mon	10:22	2.9	10:50	2.5	4:15	0.3	4:58	0.1	6:52	5:26	
14	Tue	11:06	3.0	11:31	2.6	5:02	0.2	5:41	0.0	6:51	5:28	
15	Wed	11:46	3.1			5:46	0.1	6:21	-0.1	6:50	5:29	
16	Thu	12:09	2.8	12:22	3.2	6:28	0.0	6:59	-0.2	6:48	5:30	
17	Fri	12:44	2.9	12:55	3.2	7:09	0.0	7:34	-0.3	6:47	5:31	
18	Sat	1:17	2.9	1:27	3.1	7:46	-0.1	8:06	-0.3	6:45	5:33	
19	Sun	1:46	2.9	1:57	3.0	8:21	0.0	8:36	-0.2	6:44	5:34	
20	Mon	2:13	3.0	2:28	2.9	8:55	0.0	9:03	-0.1	6:42	5:35	
21	Tue	2:43	3.0	3:05	2.8	9:29	0.1	9:32	0.0	6:41	5:36	
22	Wed	3:21	3.0	3:50	2.6	10:08	0.2	10:05	0.1	6:40	5:38	
23	Thu	4:08	3.1	4:44	2.5	11:01	0.3	10:51	0.2	6:38	5:39	
24	Fri	5:03	3.1	5:45	2.4			12:21	0.4	6:37	5:40	
25	Sat	6:05	3.1	6:54	2.4			1:43	0.4	6:35	5:41	
26	Sun	7:17	3.1	8:12	2.5	1:31	0.3	2:52	0.2	6:33	5:42	
27	Mon	8:39	3.2	9:27	2.7	2:48	0.1	3:51	0.0	6:32	5:44	
28	Tue	9:52	3.4	10:29	3.0	3:53	-0.1	4:46	-0.3	6:30	5:45	