US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:49	3.8	1:09	3.6	7:24	-0.5	7:45	-0.6	6:37	7:21	
2	Sun	1:33	3.9	1:54	3.5	8:13	-0.5	8:29	-0.5	6:35	7:22	
3	Mon	2:17	3.9	2:41	3.3	8:59	-0.5	9:11	-0.3	6:33	7:23	
4	Tue	3:01	3.7	3:29	3.1	9:44	-0.3	9:52	-0.1	6:32	7:24	
5	Wed	3:47	3.6	4:20	2.9	10:28	-0.1	10:31	0.2	6:30	7:25	
6	Thu	4:35	3.3	5:14	2.7	11:14	0.1	11:13	0.5	6:28	7:26	
7	Fri	5:27	3.1	6:09	2.6			12:06	0.4	6:27	7:28	
8	Sat	6:20	2.9	7:02	2.5	12:04	0.8	1:06	0.6	6:25	7:29	
9	Sun	7:13	2.8	7:56	2.4	1:11	0.9	2:10	0.7	6:24	7:30	
10	Mon	8:09	2.7	8:53	2.5	2:22	1.0	3:08	0.6	6:22	7:31	
11	Tue	9:09	2.7	9:51	2.6	3:24	0.9	3:58	0.5	6:20	7:32	
12	Wed	10:07	2.8	10:42	2.8	4:17	0.7	4:42	0.4	6:19	7:33	
13	Thu	10:58	2.9	11:25	3.0	5:05	0.6	5:23	0.3	6:17	7:34	
14	Fri	11:41	3.0			5:50	0.4	6:02	0.2	6:16	7:35	
15	Sat	12:01	3.2	12:19	3.1	6:33	0.2	6:40	0.1	6:14	7:36	
16	Sun	12:33	3.4	12:55	3.1	7:16	0.0	7:19	0.0	6:12	7:37	
17	Mon	1:03	3.6	1:30	3.1	7:59	-0.1	7:57	0.0	6:11	7:38	
18	Tue	1:34	3.7	2:07	3.1	8:41	-0.1	8:35	0.0	6:09	7:40	
19	Wed	2:08	3.7	2:49	3.0	9:23	-0.1	9:14	0.0	6:08	7:41	
20	Thu	2:49	3.7	3:38	2.9	10:07	-0.1	9:55	0.1	6:06	7:42	
21	Fri	3:38	3.6	4:37	2.8	10:54	0.0	10:41	0.2	6:05	7:43	
22	Sat	4:38	3.5	5:41	2.8	11:51	0.2	11:40	0.4	6:03	7:44	
23	Sun	5:45	3.4	6:45	2.9			12:58	0.2	6:02	7:45	
24	Mon	6:53	3.3	7:46	3.0	12:58	0.5	2:06	0.2	6:00	7:46	
25	Tue	7:58	3.2	8:50	3.1	2:17	0.5	3:08	0.1	5:59	7:47	
26	Wed	9:06	3.2	9:53	3.3	3:26	0.3	4:03	0.0	5:58	7:48	
27	Thu	10:12	3.2	10:50	3.6	4:27	0.1	4:55	-0.2	5:56	7:49	
28	Fri	11:10	3.3	11:40	3.8	5:23	0.0	5:43	-0.2	5:55	7:51	
29	Sat			12:01	3.3	6:15	-0.2	6:30	-0.2	5:53	7:52	
30	Sun	12:25	3.9	12:48	3.3	7:05	-0.3	7:16	-0.2	5:52	7:53	