

































Poughkeepsie, NY - Aug 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:16	3.3	3:52	3.1	9:56	0.2	10:08	0.7	5:50	8:13	
2	Wed	3:50	3.2	4:27	3.1	10:25	0.3	10:42	0.7	5:51	8:12	
3	Thu	4:25	3.1	5:00	3.1	10:52	0.4	11:20	0.8	5:52	8:11	
4	Fri	5:05	2.9	5:36	3.2	11:22	0.5			5:53	8:09	
5	Sat	5:51	2.8	6:18	3.3	12:10	0.9	12:00	0.6	5:54	8:08	
6	Sun	6:42	2.7	7:07	3.4	1:22	0.9	12:54	0.7	5:55	8:07	
7	Mon	7:40	2.7	8:04	3.5	2:39	0.9	2:08	0.7	5:56	8:06	
8	Tue	8:50	2.7	9:14	3.6	3:45	0.7	3:23	0.6	5:57	8:04	
9	Wed	10:06	2.8	10:27	3.8	4:43	0.5	4:30	0.4	5:58	8:03	
10	Thu	11:12	3.1	11:29	4.0	5:38	0.2	5:30	0.2	5:59	8:02	
11	Fri			12:08	3.3	6:30	0.0	6:29	0.0	6:00	8:00	
12	Sat	12:23	4.2	12:59	3.6	7:21	-0.3	7:26	-0.2	6:01	7:59	
13	Sun	1:14	4.2	1:51	3.8	8:10	-0.4	8:20	-0.3	6:02	7:58	
14	Mon	2:05	4.2	2:43	3.9	8:57	-0.5	9:12	-0.2	6:03	7:56	
15	Tue	2:57	4.0	3:36	4.0	9:43	-0.5	10:03	-0.1	6:04	7:55	
16	Wed	3:51	3.8	4:31	3.9	10:28	-0.3	10:55	0.1	6:05	7:53	
17	Thu	4:47	3.6	5:26	3.8	11:15	-0.1	11:51	0.3	6:07	7:52	
18	Fri	5:44	3.3	6:19	3.7			12:07	0.2	6:08	7:50	
19	Sat	6:40	3.1	7:12	3.6	12:54	0.5	1:05	0.5	6:09	7:49	
20	Sun	7:36	2.9	8:05	3.4	2:00	0.7	2:07	0.7	6:10	7:47	
21	Mon	8:35	2.7	9:04	3.3	3:04	0.7	3:08	0.8	6:11	7:46	
22	Tue	9:39	2.7	10:04	3.3	4:02	0.7	4:04	0.8	6:12	7:44	
23	Wed	10:39	2.8	10:59	3.4	4:53	0.6	4:55	0.8	6:13	7:43	
24	Thu	11:30	2.9	11:45	3.5	5:39	0.5	5:42	0.7	6:14	7:41	
25	Fri			12:13	3.1	6:22	0.4	6:27	0.6	6:15	7:40	
26	Sat	12:26	3.6	12:52	3.2	7:02	0.3	7:10	0.5	6:16	7:38	
27	Sun	1:03	3.6	1:28	3.3	7:40	0.2	7:52	0.5	6:17	7:36	
28	Mon	1:37	3.6	2:02	3.4	8:16	0.2	8:31	0.5	6:18	7:35	
29	Tue	2:10	3.5	2:34	3.4	8:49	0.2	9:08	0.5	6:19	7:33	
30	Wed	2:41	3.4	3:02	3.4	9:20	0.2	9:43	0.5	6:20	7:32	
31	Thu	3:12	3.2	3:30	3.4	9:48	0.3	10:17	0.6	6:21	7:30	